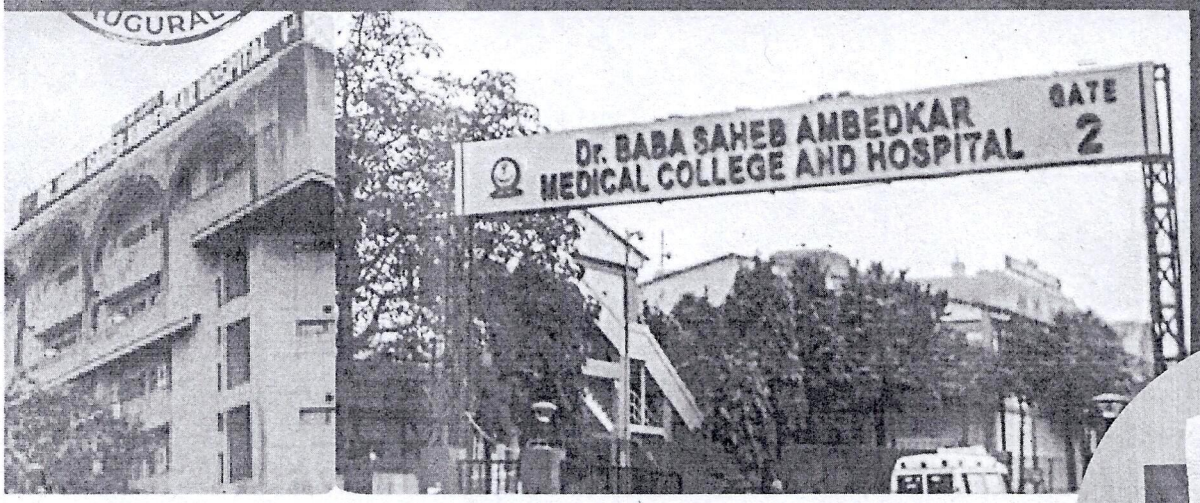
MARCH 2026 | ISSUE 1

ANNEXURE- 10 (B)

Dr Baba Saheb Ambedkar Medical College and associated Hospital, GNCT Delhi

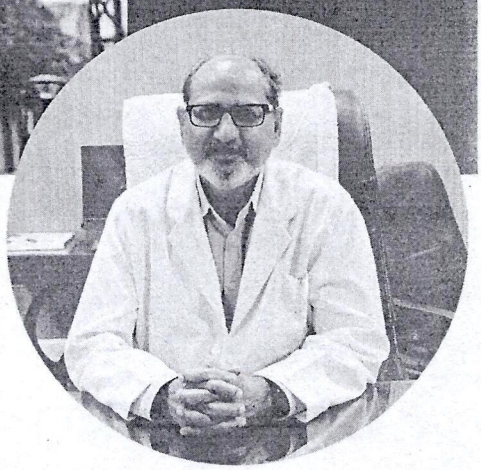
BSA MED CHRONICLES

https://bsamch.ac.in/



INAUGURAL ISSUE

OFFICIAL e- NEWSLETTER



MESSAGE FROM DIRECTOR PRINCIPAL

Dir. Prof. Dr. Suresh Kumar

Dear students and faculty,

As we celebrate the completion of a decade since the first MBBS Batch of 2016 was welcomed, it is with distinct pleasure and pride that I write the foreword to this maiden issue of the newsletter of Dr. Baba Saheb Ambedkar Medical College. This newsletter serves as an excellent platform to showcase the immense talent, academic excellence, creativity and professional growth of our students and faculty.

This medical college is far more than a place of learning- it is a living, evolving ecosystem shaped by the constant efforts of its faculty and students, a community where lifelong friendships are formed, academic curiosity ignited and the spirit of service nurtured. Every lecture delivered with sincerity, every clinical skill practised with dedication and every research question that has been pursued with passion has contributed to the steady progress of this institute.

Serving as the central pillar of the institute, our faculty tirelessly shoulder and balance the multifaceted responsibilities of not only patient care but also mentoring, guiding and inspiring the next generation of healthcare professionals with unwavering dedication. Equally commendable are our students whose enthusiasm, reliance and pursuit of excellence breathe life into our academic environment. Together they embody the spirit of collaboration and perseverance with a common aim of fulfilling healthcare needs of the community and the country.

In the pages of the newsletter, let us celebrate every success and achievement and encourage the spirit of compassion, empathy, leadership and camaraderie. May this newsletter serve as a source of motivation to continue learning, growing and striving towards a better future- both as individuals and as an institution.

Wishing you all inspiration and success through your endeavors.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

MESSAGE FROM ACADEMIC COORDINATOR

Prof. Dr. Neeta Wardhan



It is a privilege to connect with you through our college e-newsletter.

Academics at BSAMC have always been driven by a single purpose to produce doctors who are not just clinically competent but socially conscious and research-oriented. From timely conduct of internal assessments and university examinations to organising CMEs, faculty development programmes, and student skill workshops, the Academic Section remains committed to ensuring that every moment of your training is purposeful and structured.

I am glad to inform you that our academic planning is now expanding beyond the undergraduate horizon. The groundwork for launching Postgraduate programmes at BSAMC is firmly in place faculty, infrastructure, and clinical material all bear testimony to our readiness.

To our MBBS students use every posting, every seminar, and every community field visit to build the foundation that will carry you through a lifetime of practice. Excellence in medicine begins in the classroom but is perfected at the bedside and in the community.

My best wishes to the editorial team for this creative initiative.

MESSAGE FROM HEAD OF OFFICE

Prof. Dr. Gourav Dadarao Thakre



It is a matter of great satisfaction to address you through this e-newsletter a platform that beautifully captures the spirit and achievements of our vibrant institution.

Behind every lecture delivered, every examination conducted, every stipend disbursed, and every affiliation processed, there is a quiet but committed administrative machinery working to keep this institution running seamlessly. Our office takes pride in being the backbone that supports the academic and clinical excellence you witness every day at BSAMC.

I am particularly pleased to share that our office is currently engaged in one of the most significant administrative undertakings in the college's history : processing the formal application for Postgraduate (MD/MS). This involves meticulous coordination of faculty records, infrastructure documentation, statutory compliances, and inter-departmental data - a task our team is pursuing with full dedication and a deep sense of responsibility.

NEETA WARDHAN
Academic Coordinator
Dr. B.S.A. Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

To our students, the administrative office exists for you. Whether it is your examination forms, scholarships, certificates, hostel matters, or grievances, we are here to serve with efficiency and fairness. Do not hesitate to reach out.

I congratulate the editorial team for this initiative and wish the newsletter every success.

MESSAGE FROM MEDICAL DIRECTOR

Dr Meenakshi Sidhar



Dear Colleagues, Students, and the BSAMCH Family,

It gives me immense pleasure to address you through this edition of our college e-newsletter.

Dr. Baba Saheb Ambedkar Hospital stands as a testament to three decades of dedicated public service. From the laying of its foundation stone by the Hon'ble Prime Minister Shri P.V. Narasimha Rao on 19th November 1991, to the commencement of OPD services in 1999, and the launch of round-the-clock emergency and maternity care in 2001. This institution has grown steadily and purposefully into the 550-bedded multispecialty referral centre it is today. We serve as the primary healthcare anchor for the residents of North and North-West Delhi, with super-specialty services in Neurosurgery, Nephrology, Pulmonology, and Urology complementing our comprehensive clinical care.

Our hospital already runs postgraduate DNB programmes in Surgery, Ophthalmology, Medicine, Family Medicine, Orthopedics, Paediatrics, and Obstetrics & Gynaecology a reflection of our long-standing commitment to postgraduate medical training.

With the attached Medical College, established in 2016 with 125 MBBS seats, now actively pursuing MD/MS postgraduate seats, this campus is poised to become one of Delhi's most complete academic medical centres offering undergraduate, postgraduate, and super-specialty care under one roof.

Every bed in this hospital, every operation theatre, every ICU, and every outpatient clinic is a resource placed at the service of the people. I urge our students and residents to draw deeply from this rich clinical environment and carry forward the spirit of compassionate, evidence-based medicine.

My warm congratulations to the student editorial team for this wonderful initiative.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

ABOUT US



Named after the leading activist, social reformer, first Law Minister of Free India, and the chief architect of the Constitution of India, Dr Baba Saheb Ambedkar

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

NAAC: A++ Grade

GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Dr. Baba Saheb Ambedkar Medical College and Hospital is an academic health sciences center in North West Delhi that has been established with an aim to provide leadership and excellence in the field of teaching, clinical care, and service in a student-centered comprehensive campus. The institute is committed to the advancement of knowledge and intellectual growth through teaching and research, and at the same time, to the well-being of the people of Delhi through communicative leadership and service with a smile.

Named after the leading activist, social reformer, first Law Minister of Free India, and the chief architect of the Constitution of India, the Dr. Baba Saheb Ambedkar Medical College has been established by the Government of NCT of Delhi in the existing 29.4-acre campus, where the 540-bedded hospital is located in Rohini, North West Delhi.

The college was inaugurated by the Hon'ble Chief Minister of Delhi on **12th June 2016.** The **first batch of 98 students** was welcomed to the world of medical academics at a White Coat Donning ceremony. **Currently 125 admissions** are admitted annually; with five batches passed out with flying colors

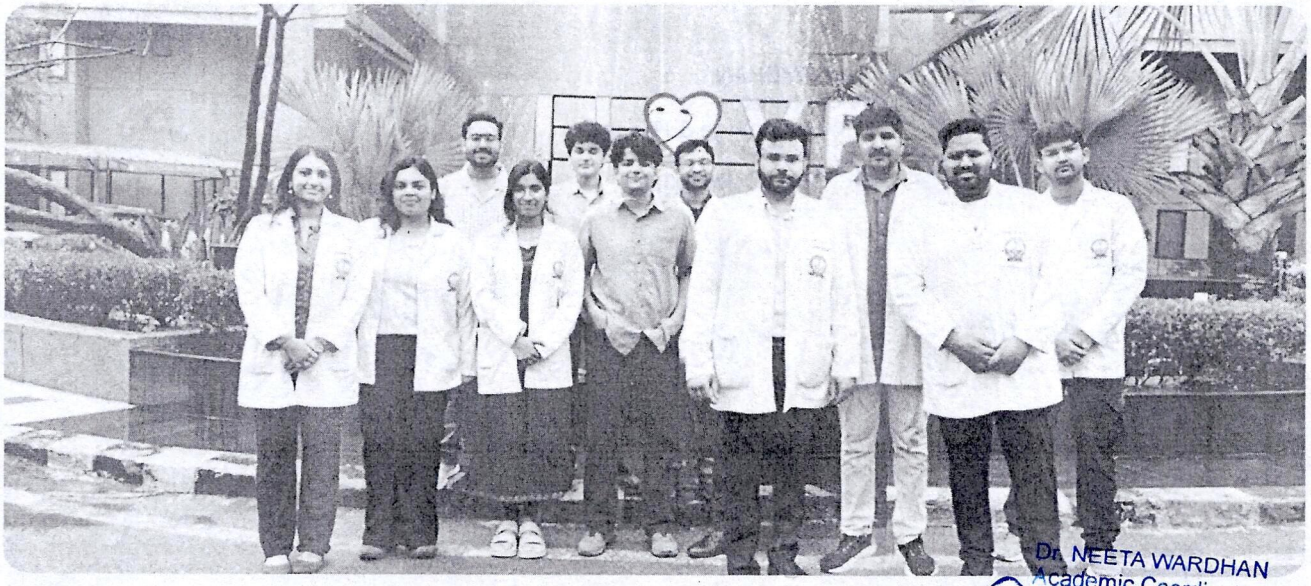
The institute is hopeful to start MD/MS courses in the next academic session.

BSAMC AT LARGE
STUDENT ACHIEVEMENTS

STUDENTS' UNION

STUDENT WELFARE ASSOCIATION- 2025-26

President- Mr Abhishek Kumar, 2022 batch
Vice President- Ms Priyanshi Choudhary, 2022 batch
General Secretary- Mr Arjun Chaudhary, 2022 batch
Sports Secretary- Mr Ankit Yadav, 2023 batch
Joint Sports Secretary- Mr Harsh Jain
Literary Secretary- Mr Sahitya Kataria, 2023 batch
Joint Literary Secretary- Mr Ayush Chahal
Research Society Secretary- Mr Kaustubh Bubna, 2022 batch
Research Society Joint Secretary- Mr Ravikant Yadav, 2023 batch
Grievance Redressal Secretary- Ms Ananya Gupta, 2023 batch and Mr Harsh Bharia, 2022 batch
Hostel Secretary- Mr Satyajeet Pratap Singh, 2022 batch
Intern Representative- Mr Vyomesh Rastogi, 2020 batch



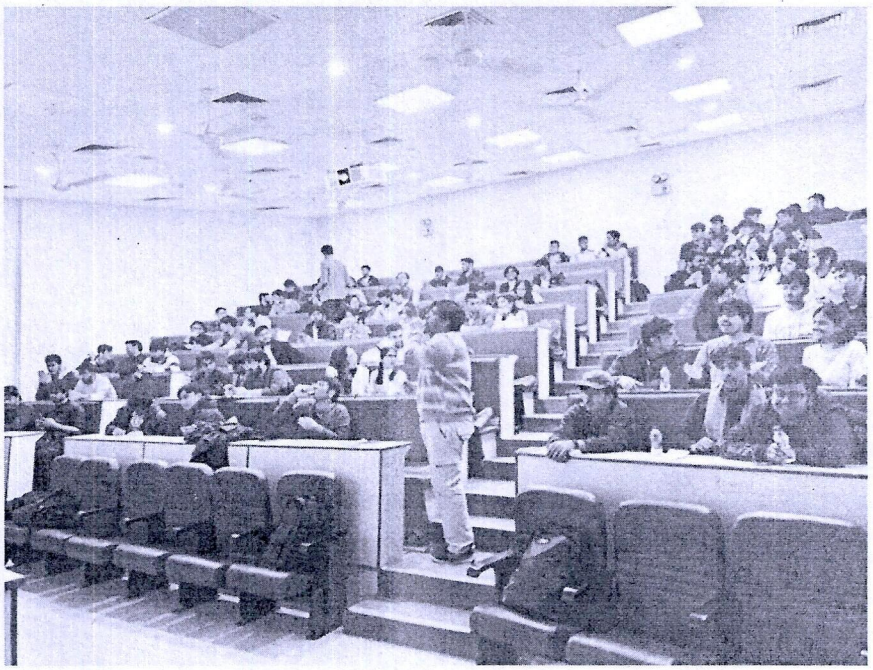
Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

BSAMC AT LARGE STUDENT ACHIEVEMENTS

AKSHAR - THE LITERARY SOCIETY

TO INFINITY AND BEYOND

Written by Diksha Gahlot



Here at akshar, it's been a 'booked' and busy season. With multiple events that were organised and many more that were attended, and conquered, we've curated a series of 'you-had-to-be-there' moments over the past few weeks. Here's a look back at the chapters we just finished writing.

Starting off strong with Oracle, the intercollege litfest that was truly lit. BSA oversaw the quizzing and culture club events. We conducted School of Athens (the Lazarus event), Ode to the Melas, Chronos (the 90s Quiz) and Genesis (the general quiz), all of which were a total knock out. Kaustubh (22 batch) managed to bag the first prize at the melas quiz.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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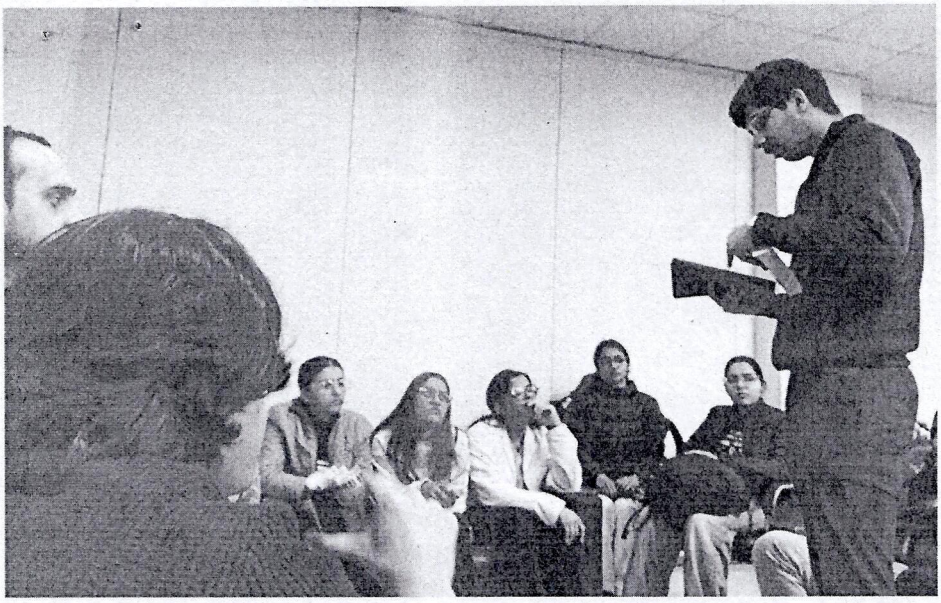
'Medstein files' , a medical induction quiz in collaboration with MSC was conducted for the 2025 batch. It consisted of preclinical subjects.
A total of 26 teams participated in the prelims and after multiple intense rounds in the mains 3 teams made it to the top, bagging the cash prizes. We also organised a quizzing workshop, an introduction to the art, strategy and fun of quizzing. A lot of enthusiasts heartily participated, making this event a fun and knowledgeable escape for our monotonous lives.

And guess what, we finally started Akshar's book club, to curate a safe space for all the readers out there to discuss, suggest and explore new books and genres. In our first meeting we took turns introducing our



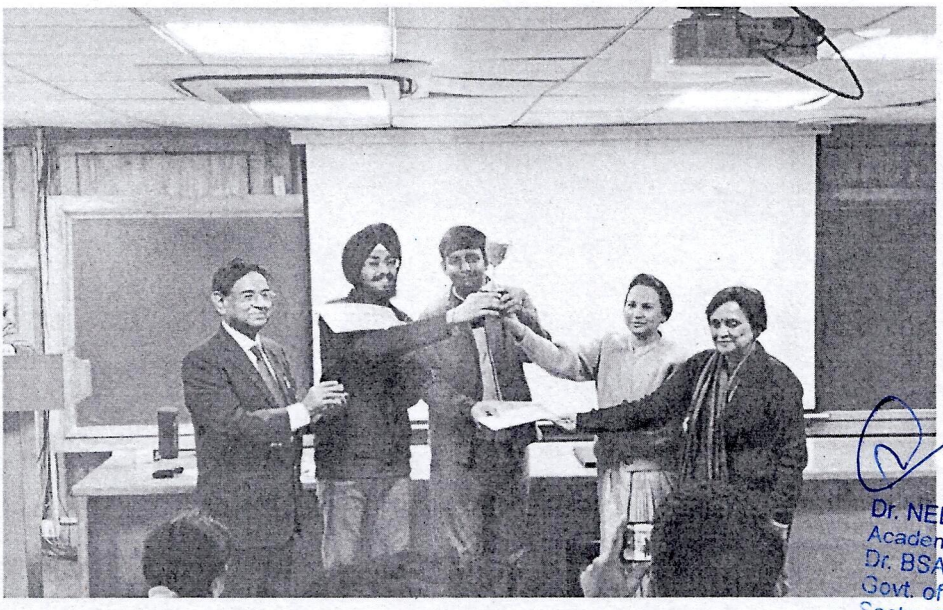
favourite books to the group, reading out quotes, sharing recommendations, and just having a great time.

Apart from all of the events we spearheaded, akshar also represented BSA at various other colleges, and took home the crowns. Yash (22 batch) secured third position in the mela verse conducted at Splash'26 (LHMC).

Kaustubh and Aryan (2022 batch) also managed to get the fourth position in the same event.

We made a winning hat-trick at Synapse, MAMC.
Amrit Singh and Satwik from 23 batch, showcased their knowledge and won the Pharmacology quiz at MAMC, making us all very proud.





Dhruv (23 batch), Anurag and Aarin (24 batch) claimed the victory in the anime quiz. And lastly, **Aryan (22 batch) and Sameer (23 batch)** won the Second prize in the fandom quiz.

At VMMC too, BSA topped the leaderboard with **Satwik, Dhruv and Ayush (23 batch) bagging 1st and Anurag, Kanishq (24 batch) and Anay (25 batch)** securing 2nd place in the anime quiz.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

BSAMC AT LARGE STUDENT ACHIEVEMENTS

FINESSE - THE DANCE SOCIETY

WHERE PASSION MEETS RHYTHM AND DEDICATION TRANSFORMS MOVEMENT INTO MAGIC - THAT IS FINESSE

Written by Priyanka

FINESSE, the official dance society of BSA, serves as a creative platform for students to express themselves through the art of dance while balancing the rigor of medical education. Finesse embodies grace, discipline, teamwork, and artistic excellence. This year has been a testament to our growth, with remarkable performances that blended technical skill with the spirit of healing.

Production 2025 focused on workshops and internal development to maintain high standards of artistic excellence. Amongst those organised were fitness and injury prevention, technical foundation sessions and choreography.





The Finesse Fam-Jam

An annual gathering to foster unity across batches, featuring informal dance battles, creative brainstorming and mentorship between seniors and juniors.



Essence 2025

The annual auditions for newly inducted Batch 2025

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



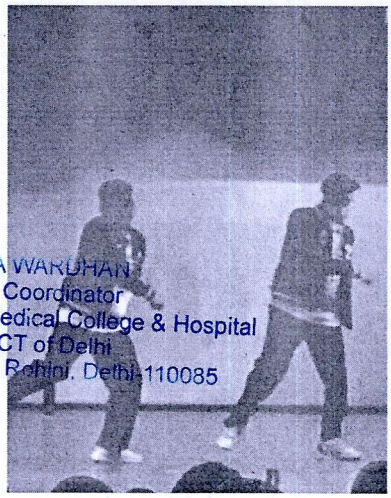
Winning 2nd Prize at SYNERGY, ACMS On 11 February 2026



Solo Western Dance
By Chitwan
at ACMS
On 10 April'25



Solo Semi-Classical Dance
By Drishti
at ACMS
On 10 April'25



Duet Dance
By Tanishq Aggarwal and Divyansh Sabnani
At ACMS
On 11 February'26



Online Solo Dance
By Priyanka
at VITALITY,AIIMS DELHI
In May'25

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



BSAMC AT LARGE
STUDENT ACHIEVEMENTS

KIRDAAR - THE DRAMATICS SOCIETY

WHERE NEW SCRIPTS ARE WRITTEN EVERY DAY

Written by Aarav Kapoor



The stage is a platform where we as Kirdaar : The Dramatics and Film Making Society try and make our emotions breathe and stories come alive.
This article celebrates the passion, dedication and the many hours devoted by our team members to make the audience laugh, cry and be a part of our performances.
This year has been a year full of learning and achievements and we have seen significant growth in the prestige of our society

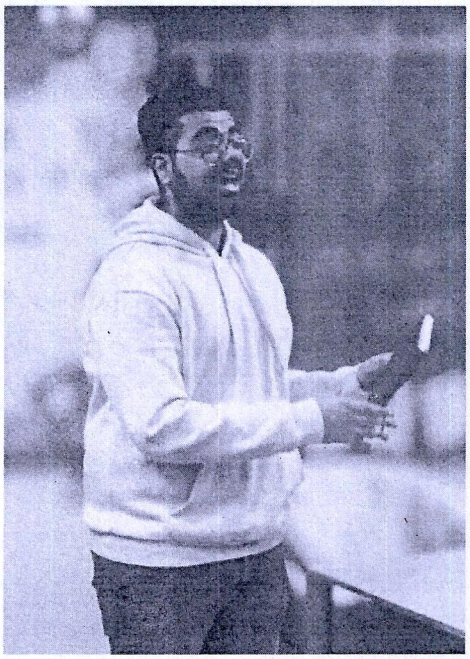
Kirdaar secured the podium at various nukkad natak events throughout the season, 1st position at Jaipuria School of Business, 2nd position at RML Fest, Participation in cultural fests at AIIMS, LHMC, ACMS, MAMC and

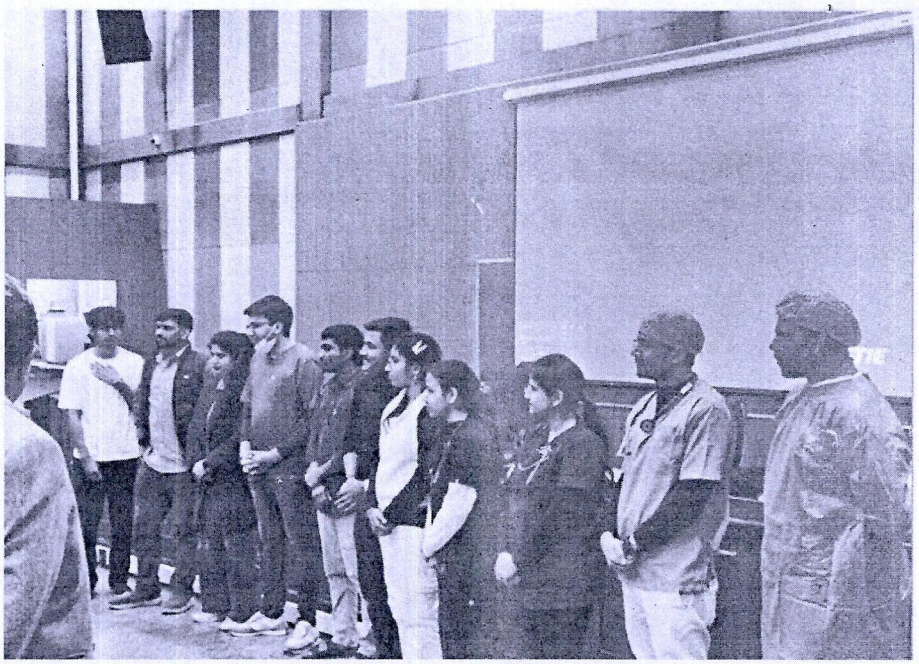
Special mentions for best actors – Adarsh(2023) and Parnavi(2024) and Nominees for best actor – Vaibhav(2023), Kavya(2024), Parnavi(2024).

In mono-act competitions, we witnessed the winning spree of Kavya (2024) securing 1st prize in RML, 2nd prize in MAMC and ACMS as well as 3rd prize in VMMC. Parth(2024) also got a Special mention in ACMS. Aarav (2025) and Tanush (2023) Performed at the annual fest of VMMC for the same.



Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110 085





Kirdaar also won 1st prize in online reel making at VMMC (Adarsh Bharat, Sanika Sachan, Jasmeet, Atul Rai), 2nd prize for abhivyanjana at VMMC (Adarsh Bharat, Sanika Sachan, Sakshi) and Participation in short film making at MAMC (Aarav, Anay, Arni, Chelsea, Farhaan).

We believe that change begins from within. Hence we have performed many intra college events with collaboration from many departments to educate ourselves and others about topics of peak importance in today's society.

1. CPR workshop with anaesthesia department
2. Vitiligo day nukkad natak in Dermatology department
3. *Nukkad natak* on organ donation with Anatomy department
4. *Nukkad natak* in department of Respiratory Medicine and Community Medicine on tobacco free campaign and TB elimination
5. *Nukkad natak* in presence of health minister on doctor's day
6. Reel making and nukkad natak in OBGY department on Swasth Naari Sashakt Parivar abhiyan
7. First production performance in Psychiatry department, and many more

Workshops and internal development drive the core of Kirdaar forwards ensuring optimal performance, this season we conducted Acting & Expression Workshops, Drama Instrument Training, Stage Presence & Voice, Modulation Practice, Regular Acting & Method Acting Sessions, Stage Movement & Body Language, Script Writing & Direction Workshops and Rehearsal Sessions



Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



Workshops and Production at Kirdaar







Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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Sector-06, Rohini, Delhi-110085



BSAMC AT LARGE STUDENT ACHIEVEMENTS

SUROOP - THE FINE ARTS SOCIETY

WHERE ART MEETS THE MIND AND SOUL

Written by Dev Sharma

The Art Society of the college organized a fun and creative Halloween Face Art Competition in association with GAIMS Delhi, where students showcased their artistic skills through spooky and imaginative face designs. Participants came up with a variety of looks inspired by Halloween, including skeletons, clowns, ghosts, and fantasy characters.





First Prize to Dev Sharma and Atul Rai Batch - 2024



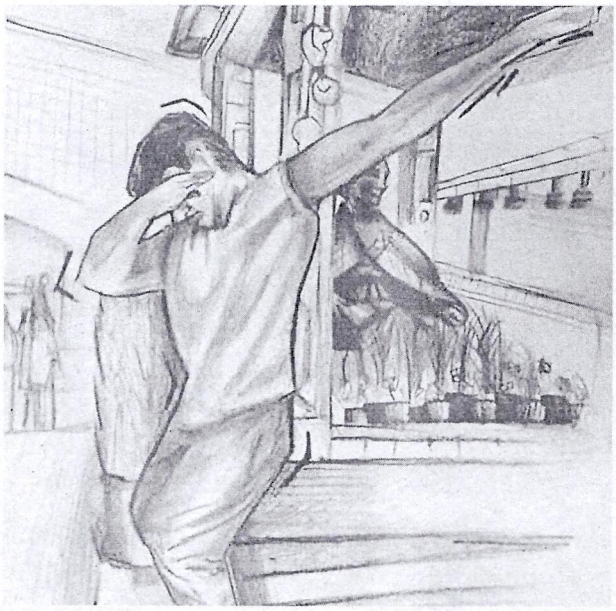


Second Prize to Farhan Bakht Ahmed Batch - 2023 and Anurag Singh Rajawat - Batch 2024





Third Prize to Jyoti and Ishika Batch - 2025



First Prize to Farhan Bakht Ahmed
In Live Sketching, Bookmark Making,
Canvas Painting and Face Painting
At SPLASH, LHMC
Second Prize
In Tote Bag Painting, Live Sketching and
Mystery Box Art
At SYNAPSE, MAMC



Second Prize to Jasmeet and Anshika
Third Prize to Dev and Atul
In Face Painting
At SYNAPSE, MAMC

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

BSAMC AT LARGE
STUDENT ACHIEVEMENTS

ADVAITA - THE MUSIC SOCIETY

SEVEN WINS, ONE UNSTOPPABLE BAND

Written by Ananya Gupta

BSA's homegrown college band **Advaita** has achieved an incredible milestone, securing a perfect seven wins for seven performances across Delhi. With their soulful music, seamless coordination, and an even more electrifying stage presence, the band captivated audiences and judges alike at every event, be it at LHMC, MAMC, UCMS, RML, ACMS, VMMC or SGT. Each performance showcased Advaita's passion, creativity and dedication. Their consistent success reflects countless hours of practice, teamwork, and a shared love for music. Across the fest season, the band delivered memorable performances combining Western and Indian classical music that stood out as a shining example for the fusion genre.
This remarkable streak of victories has not only brought pride to the band members but also to the entire college. Their achievement is a testament to their talent.

One can only say: ***the next time they're in town, you simply cannot afford to miss them***

A special mention for their craft goes to -
Vishram Jha (2020), Arshdeep Singh Gill (2020), Vinay (2022), Sushant Tomar (2022) , Dhairya Jindal (2023)

Winning 1st Prize at NIRVANA, VMMC on 31 January '26

Dr. ARPITA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



Winning 1st Prize at GENESIS, SGT on 11 March '26





Winning 3rd Prize at SPLASH, LHMC on 10 February '26

Winning 2nd Prize at RIPPLE, UCMS on 13 March '26





Winning 2nd Prize at AURA, ACMS on 12 February '26

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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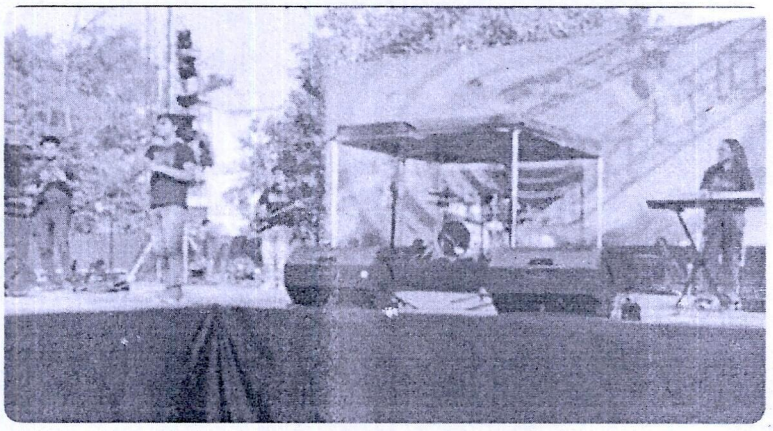
Sector-06, Rohini, Delhi-110085



Winning 2nd Prize at AURA, ACMS on 12 April '25

Winning 3rd Prize at NIRVANA, VMMC on 18 October '24





Winning 1st Prize at AURA, ACMS on 25 April '24

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-05, Rohini, Delhi-110085

Declared a Top 10 Band at Pulse, AIIMS DELHI on 17 September'23



BSAMC AT LARGE
STUDENT ACHIEVEMENTS

GLAZE - THE FASHION SOCIETY

WHERE CONFIDENCE WALKS THE RAMP AND STYLE TELLS THE STORY

Written by Diksha Gahlot

Fashion is more than just clothing; it is a form of expression, confidence, and creativity. With this very spirit, Glaze, our fashion society, continues to celebrate individuality and style on campus The journey of this year began with our much-anticipated Glaze auditions, where students from across the college stepped forward to showcase their confidence, creativity, and unique sense of style. And not only fashion but students that showed their immense talent in art and craft via face painting and designing.



Auditions 2025

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



Production 2025 - Vasundhara Vilaap

The theme for our annual production this year was biodiversity and its conservation. We tried to showcase not just our fashion and makeup skills, but also to give a positive message to the audience that the Earth is suffering and if we don't take action soon the damage might become irreversible.



Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

Winning 3rd Prize
At SYNAPSE, MAMC
On 15 February'26

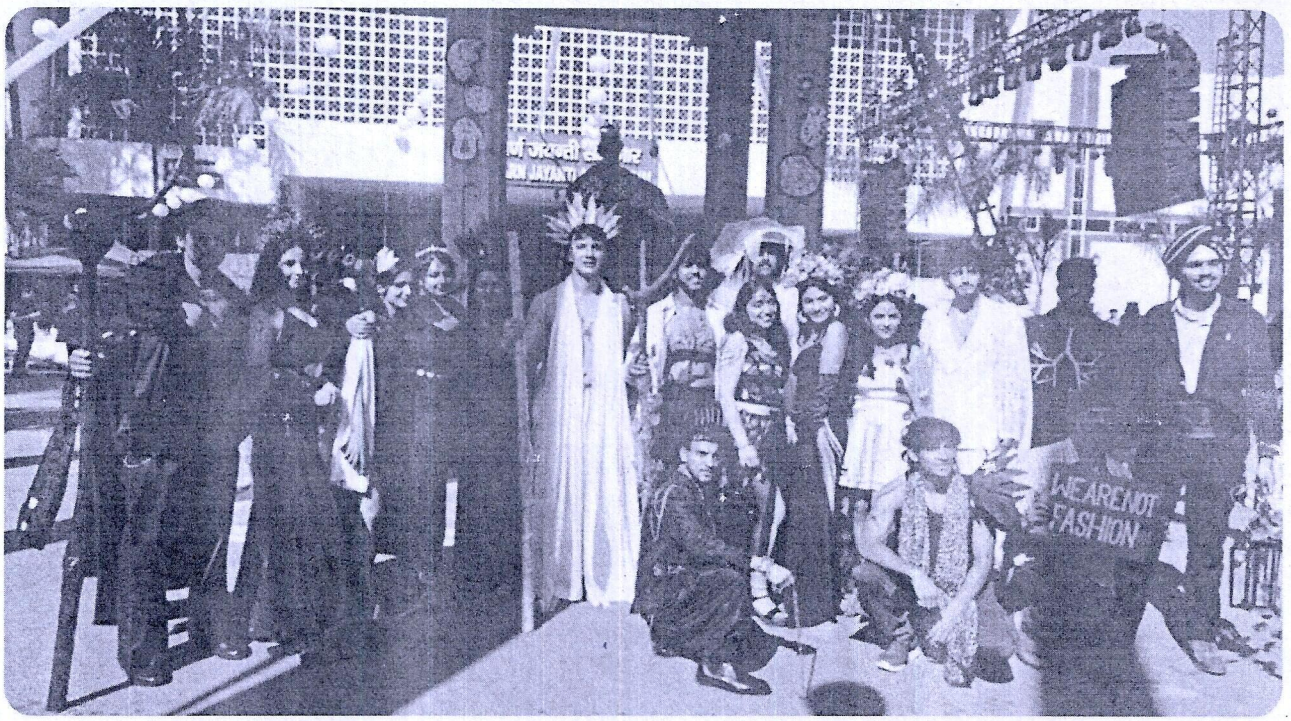


The performance was filled with energy, elegance, and creativity. Each member carried themselves with confidence on the ramp, reflecting the hard work and dedication the team had put into preparing for the event. The coordination, expressions, and unique styles made the performance truly captivating for the audience. Winning is a recognition of our efforts and a motivating moment for the society, encouraging Glaze to keep striving for greater heights and continue making its mark in the world of fashion.



Winning 3rd Prize at RIPPLE, UCMS on 14 March'26

Dr. [illegible] WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



Performing
At SPLASH, LHMC
On 9 February'26



Performing
At AURA, ACMS
On 13 February'26

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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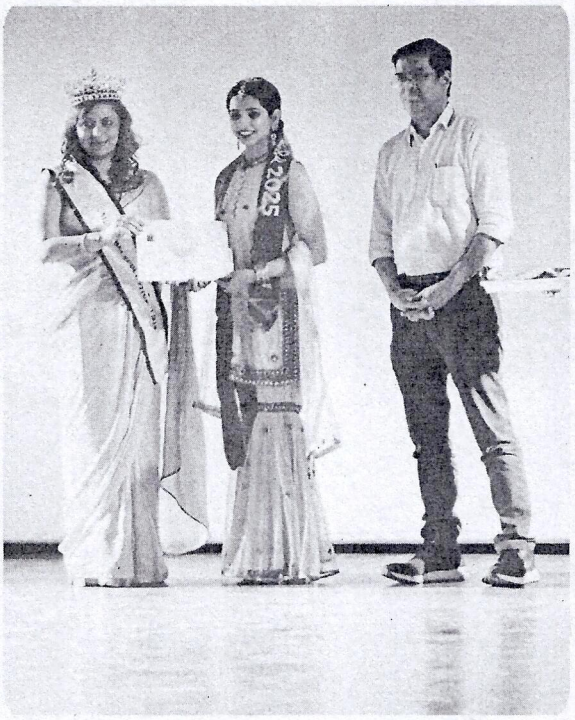
Ms Parnavi Singh, 2024 Batch



Crowned Miss Pyrexia
At AIIMS, Rishikesh
On 12 October'25



Crowned Miss Aura
At ACMS
On 10 April'25



Crowned Miss Splash
At SPLASH, LHMC
On 9 November'24



Crowned Miss Genesis
At GENESIS, SGT Uni
On 20 February'25

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

BSAMC AT LARGE
STUDENT ACHIEVEMENTS

GLITCHVERSE - THE GAMING SOCIETY

THE COGNITIVE EDGE

Written by Abhinav Mishra



CHECKMATE TO A GREAT BEGINNING! The first-ever intra-college chess event of the Chess Society of BSA was successfully conducted on 28th November 2025, and what a start it was! With 32 passionate participants, the boards were on fire and every match was fought with intensity, strategy, and sportsmanship.

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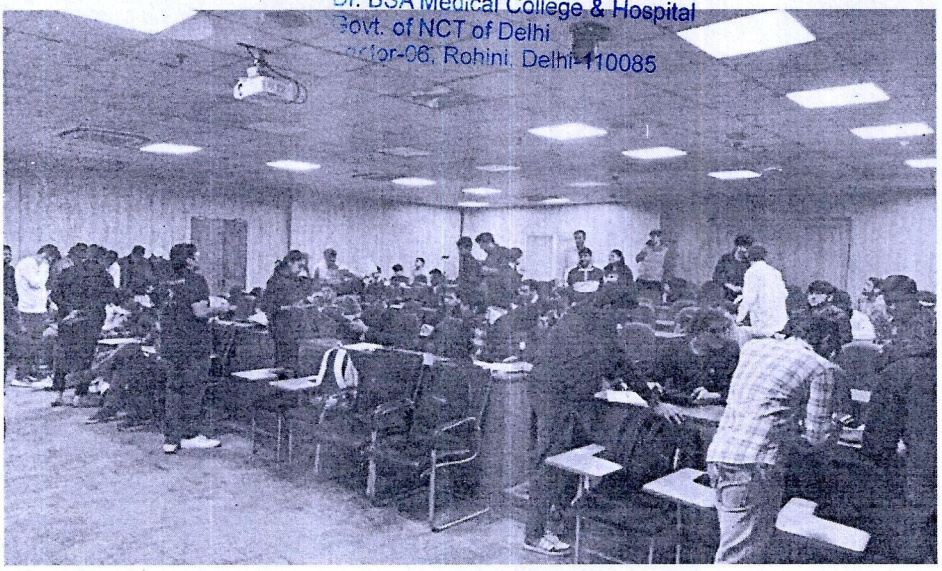


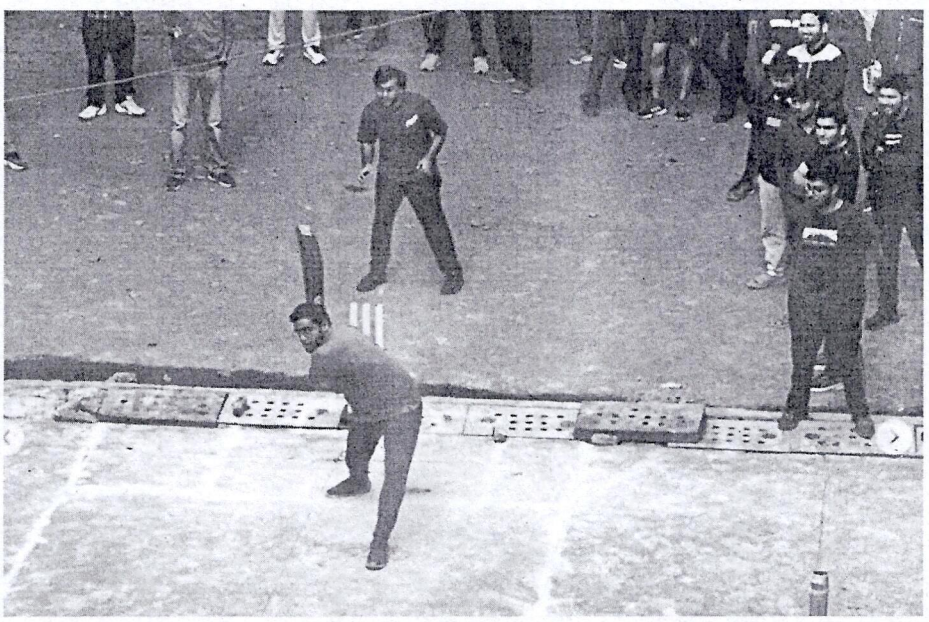
Glitchverse's first-ever INTRA-COLLEGE Hill Climb Racing Tournament on 22nd Feb 2025, and it was a spectacular success! A huge thank you to everyone for your unwavering support and enthusiasm. On 17th April, we conducted an intra college BGMI tournament The battlefield was lit, the competition fierce, and the energy off the charts!

BSAMC AT LARGE
STUDENT ACHIEVEMENTS

THE SPORTS SOCIETY

SPORTS SOCIETY

Written by Jasmeen Kaur



The Sports society at Dr.BSAMCH had the most enthusiastic beginning of the season, and the most active one yet, pun intended. We organised the first ever Intra College Cricket Tournament from 16th to 17th December, students from all the batches took part.



We also organized an intra college volleyball tournament on 10th January where teams were divided into batches, Batch 2021 - **Jatin Sharma, Akshay, Aviral, Teena, Sadeema, Shailesh, and Shakir** stood tall in a final that will be remembered long after the last whistle.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
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Our basketball team secured 3rd Place at Nirvana, the cultural fest of VMMC. Our Volleyball team went to a tournament organized by ACMS and gave ferocious competition to teams from LHMC and RML, winning a set against LHMC. We secured 2nd Position at Revels, RML in Volleyball and won an Inter College Volleyball Tournament at ACMS.







Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
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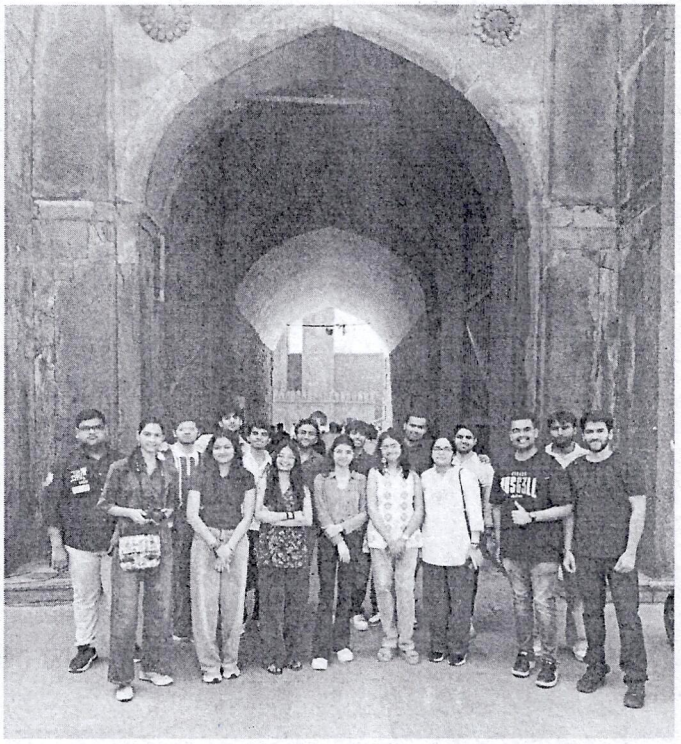
BSAMC AT LARGE
STUDENT ACHIEVEMENTS

APERTURE - THE PHOTOGRAPHY SOCIETY

NEW HORIZONS: UNIFIED VISION

Written by Farhan Noor



On March 8, 2025, Aperture the Photography Society of BSA Medical College and Hospital organized an exciting photowalk in collaboration with the photography society of Lady Hardinge Medical College. The event brought together passionate photographers from the 2024–2025 batch, creating a vibrant atmosphere of creativity, exploration, and learning. Under the coordination of Lavi Hassija, the participants set out to explore some of Delhi's most historically rich locations. The photowalk began in Purani Delhi, where students captured the lively streets, bustling markets, and timeless charm of the old city. The narrow lanes, colorful shops, and everyday life offered countless moments waiting to be framed through the lens. The group then visited the iconic Red Fort, where the magnificent Mughal architecture and expansive courtyards provided a perfect backdrop for architectural and landscape photography. The intricate details of the historic monument inspired participants to experiment with composition, lighting, and perspective. The journey concluded at Purana Qila, where the serene surroundings and ancient walls created a striking contrast to the lively chaos of Old Delhi. The historic ambience of the fort allowed photographers to capture both the grandeur of history and the calm beauty of the setting sun.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

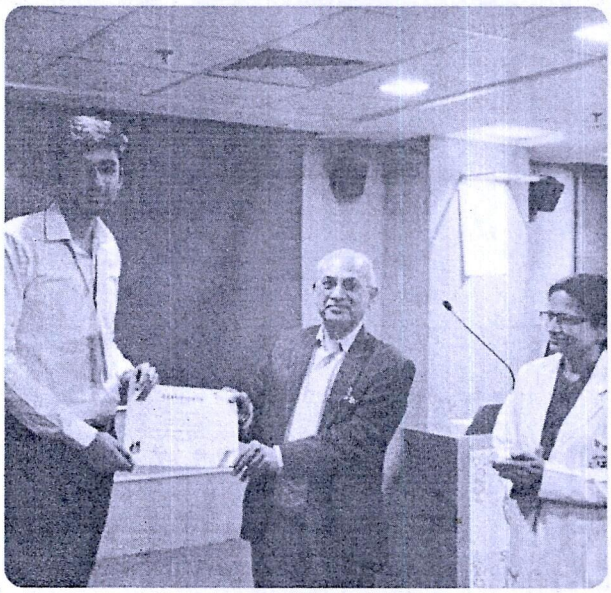
UG Research Society
Dr. BSAMCH

BSAMC AT LARGE
STUDENT ACHIEVEMENTS

THE RESEARCH SOCIETY

VOICES OF RESEARCH: INSIGHTS FROM OUR MEMBERS

Written by Ananya Gupta



Ansh Dhamija
Winning 3rd Prize
For Oral Research Presentation
At INSIGHT, AIIMS DELHI
On 15 February'26



Vyomesh Rastogi
Winning 1st Position
Presenting Poster
At Humans Of USMLE
On 26-27 April'25

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Academic Coordinator
Dr. BSA Medical College & Hospital
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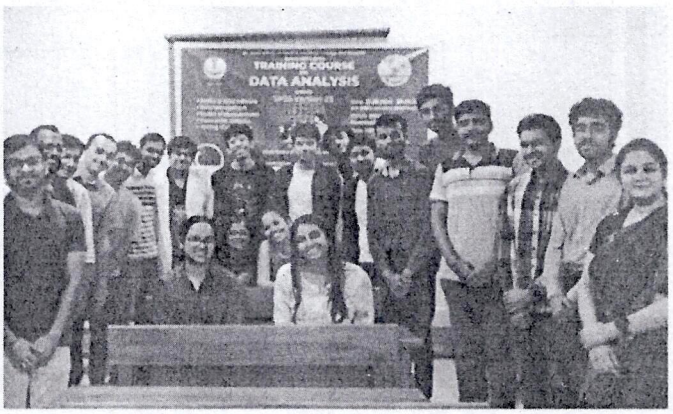
Ananya Gupta
Winning 3rd Position
Presenting Poster
At Medicus Conventus, LHMC
On 5 December'25



Ananya Gupta
Winning 2nd Position
Presenting Paper
At INQUISTADOR, MAMC
In SYNAPSE'24





Glimpses from data analysis workshop using SPSS Version 29 software
A collaborative initiative from Research Society and Community Medicine department
in September 2024

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

ICMR SHORT TERM STUDENTSHIP SCHOLARS

2024	Kaustubh Bubna	Association of Serum Vitamin D level with Hyperglycemia in Pregnancy at a tertiary care hospital in New Delhi.
2024	Muskan	Assessment of Menstrual hygiene among reproductive age women in a tertiary care hospital in North-West Delhi.
2024	Saif Ali Rizvi	Role of Calcium Magnesium Imbalance in Benign Prostatic Hyperplasia: A Prospective Study.
2024	Arjun Chaudhary	Maternal Vitamin B12 status and its association with hypothyroidism during pregnancy : A cross sectional study.
2024	Avinash Singh	Anxiety, Depression and Perceived Stigma among Extra-pulmonary Tuberculosis patients registered at DOTS center in North West Delhi.
2024	Ishika Nora Thomas	To study factors affecting work-life balance and its relation with job satisfaction in the staff of a tertiary care hospital of Delhi.
2024	Arushi Mangla	Assessment of knowledge, attitude and practice of digital reporting of Adverse Drug Reactions among Healthcare personnel and medical students of a teaching tertiary healthcare centre.
2024	Aryan Erry	Immunohistochemistry as a diagnostic score in determining oral premalignant and malignant lesions.
2024	Chetanya Lamba	Correlation of Adenoid Hypertrophy with Serous Otitis Media and Tympanometry Findings: A Study of Pediatric Patients at a Tertiary Care Hospital in Northwest Delhi.

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Academic Coordinator
Dr. BSA Medical College & Hospital
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ICMR SHORT TERM STUDENTSHIP SCHOLARS

2023	Shivank Mishra	Correlation of Inguinal hernia with age, occupation, smoking and Body Mass Index at a Tertiary care centre in New Delhi.
2023	Samriddhi Khare	Association of Vitamin D levels with Polycystic Ovarian Syndrome in women of reproductive age group: A case control study
2023	Vyomesh Rastogi	Study on Red Blood Cell Antibody Screening & Identification in Patients at a Tertiary Care Hospital in New Delhi.
2023	Mohit Kumar Singh	Maternal Vitamin B12 status and its association with hypothyroidism during pregnancy : A cross sectional study.
2024	Sneha Khanduja	Prevalence of Depression and Anxiety Disorders in Dry Eye Disease Patients and to Establish Correlation Between These Two Conditions.
2024	Shreya Singh	Comparison of Cardiac findings in electrocution and non-electrocution related deaths in medico legal autopsies.
2024	Pranay Chawla	Maternal factors determining exclusive breastfeeding in children <12 months of age in a tertiary care hospital of North India: a cross-sectional study.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
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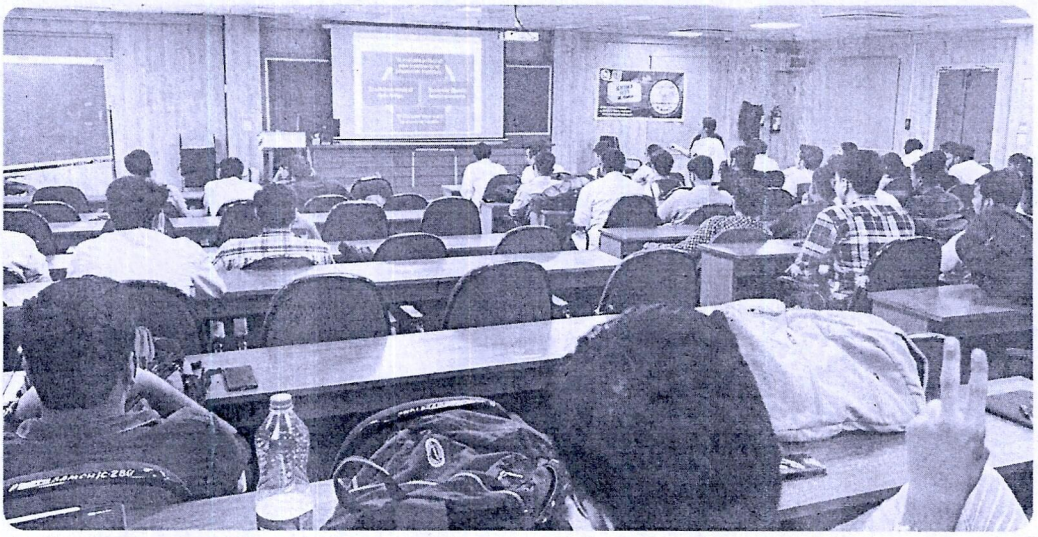
WORKSHOPS HELD UNDER STUDENT RESEARCH SOCIETY



Manuscript Writing Workshop By Dr Sonal Prasad and Dr Sonali Mittal



Introduction to Research and STS proposals for 1st year students by Dr Mitasha Singh, Dr Elvia Jamatia



Paper Presentation Workshop By Dr Ankit Khurana

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Academic Coordinator
Dr. BSA Medical College & Hospital
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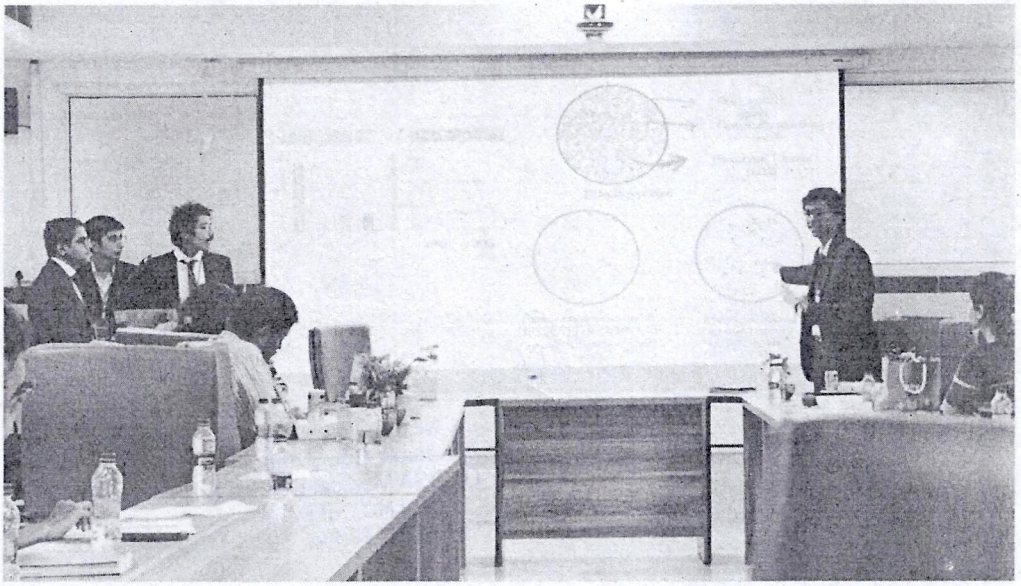
BSAMC AT LARGE
UG STUDENT ACADEMICS

UNDERGRADUATE MBBS TEAM SECURES SECOND PRIZE AT NATIONAL-LEVEL COMPETITION FOR QUANTUM BIOSENSOR PROJECT

Written by Team Quantum Qare

Our 3rd year undergraduate students **Ayaan Babbar, Dhruv Shandilya, and Ayush Yadav (MBBS Batch 23) along with Karan Sharma** (3rd year B.Tech, ECE student at Netaji Subhas University of Technology, Delhi), participated as "TEAM QUANTUM QARE" and proudly secured SECOND POSITION in "Nobel Research Sprint 2025", a National level interdisciplinary Ideathon held at AIIMS New Delhi on 14 February 2026. The team was under the mentorship of **Dr. Neha Jain (Assistant professor, Department of Physiology**) whose guidance was instrumental in shaping the project and team's success.



The competition was organized as a joint initiative by Entrepreneurship and Development cell of AIIMS New Delhi, Pravega Indian institute of Science (IISc) Bangalore, Global Association of Indian Medical Students (GAIMS) Delhi, and Squad Medicine Research (SMR), sponsored and supported by Quantum Biosciences and Boltzmann Labs. It was centred on themes inspired by the 2025 Nobel Prize discoveries in Physiology (Peripheral Immune Tolerance) and Physics (Macroscopic Quantum Phenomena). Our college team proposed the novel idea of "Development of a

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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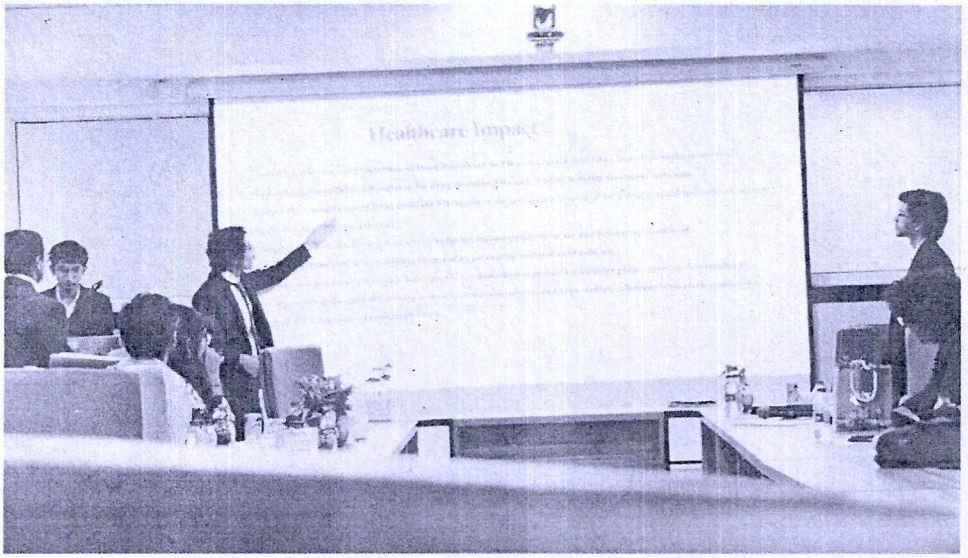
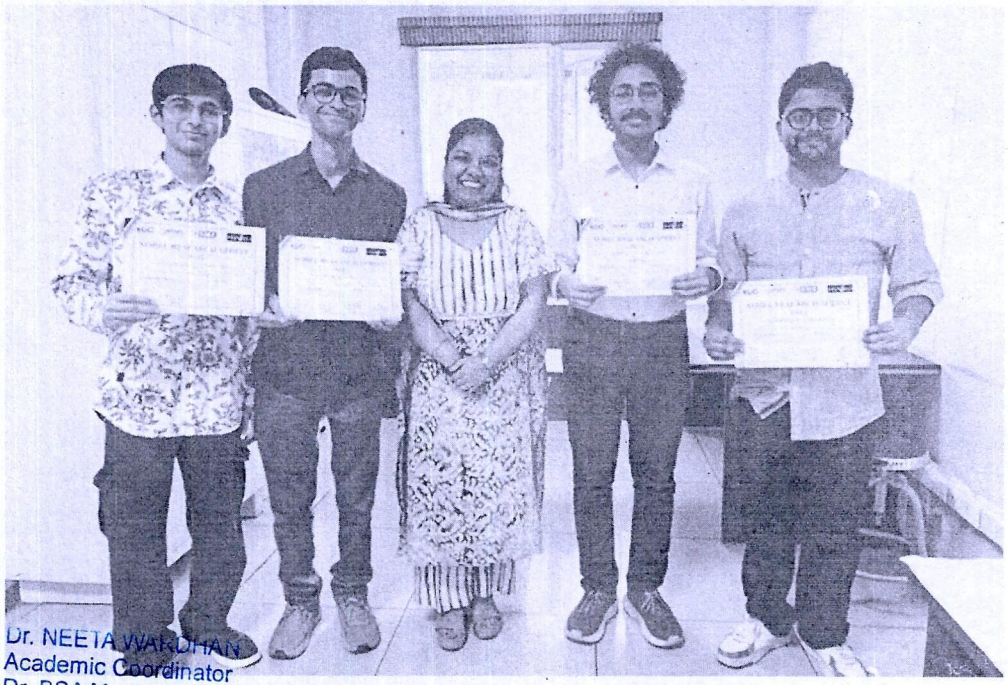


Nanodiamond based Quantum biosensor to quantify oxidative stress for rapid detection of drug resistance in Mycobacterium tuberculosis" highlighting the translational potential of advanced biosensing technologies in improving antimicrobial stewardship program by promoting rational antibiotic use and reducing the transmission of drug-resistant tuberculosis under National TB Elimination Program (NTEP). Out of 105 proposals in the screening round, the team was shortlisted among the top 20 teams to present their idea before an esteemed panel of judges and was widely appreciated for its scientific relevance and clinical application. This achievement reflects the enthusiasm and commitment of our students towards academic excellence, teamwork, innovation in research and development.



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Academic Coordinator
Dr. BSA Medical College & Hospital
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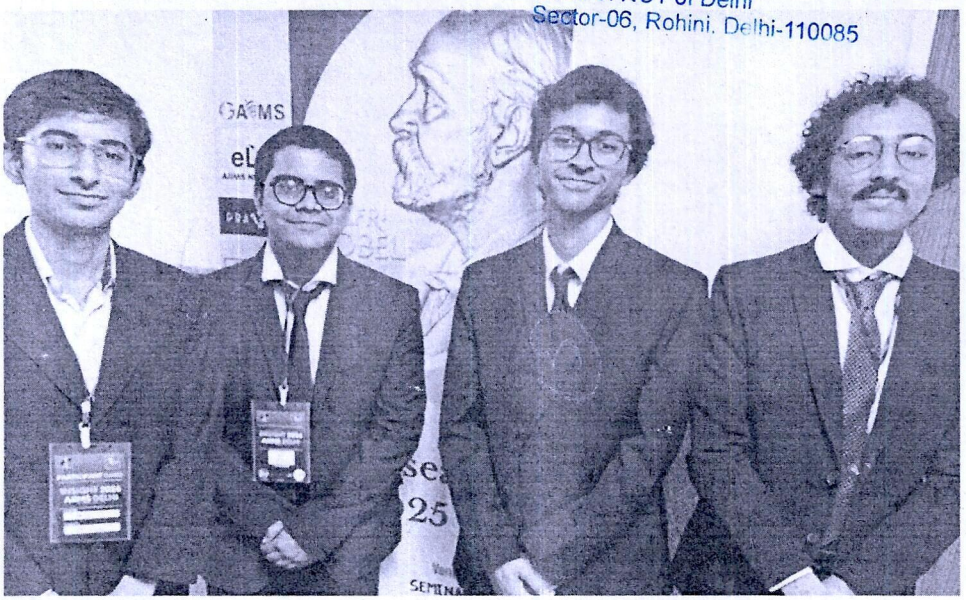

WORKSHOPS AND CME

BASIC COURSE IN MEDICAL EDUCATION

Medical Education Unit of Dr BSA MCH conducted three-day workshop on Basic Course in Medical Education for faculty of the college and other colleges like SIMS, Hapur, MAMC Delhi, NDMC, Delhi. 28 faculty participated and learnt techniques of medical education. Ten facilitators of MEU under leadership of Professor **Dr Euden Bhutia** successfully conducted the workshop from 12-14 March 2026





CME on HIV in Pregnancy

Department of OBG conducted a CME in HIV in Pregnancy- an update" for residents on 20th August 2025 under leadership of **Dr Sandhya Jain and Dr Ritu Khatuja.** Joint Director, Delhi State AIDS Society, Dr Praveen Kumar was the invited speaker who shared the updates of NACP. The faculty gave overview of diagnostics, post exposure prophylaxis, universal precautions and HIV in pregnancy.



Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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CME on HPLC Horizons: Interpretation, Application and Case Based Learning



The Department of Pathology under the leadership of **Dr Karsing Patiri** conducted a CME titled HPLC Horizons: Interpretation, Application and Case Based Learning on the 30 th September 2025. It was a very successful academic session, attended by more than 70 participants and there were Lectures by stalwarts in Hematology, Dr Tejinder Singh and Brig. Dr. Tathagata Chatterjee. The CME spanned from understanding the principles of HPLC, its clinical application and interpretation followed by a very inquisitive case-based quiz.

World Antimicrobial Resistance Week, 2025





Department of Microbiology under leadership of **Dr Shalini Dewan** observed AMR week in November 2025 with participation from MBBS students and Nursing students. The weeklong activities included walkathon, CME, poster and poem competition and prescription audit of antibiotics in hospital from 18 to 24 November 2025.

CME on Climate Change and Human Health



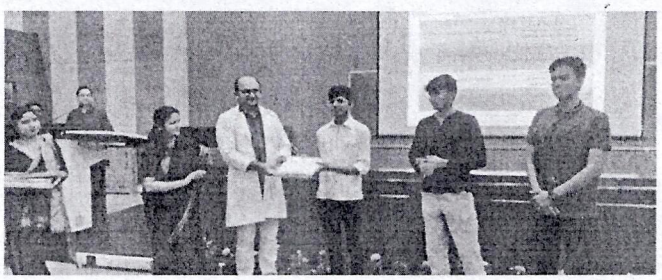


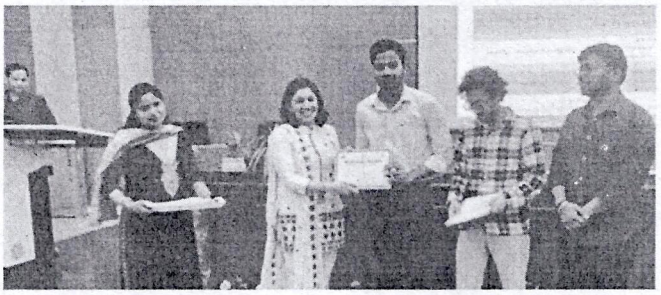
The department of Community Medicine in collaboration with CDMO, IDHS North district, GNCT Delhi conducted a CME on occasion of World Environment Day under National Programme for Climate Change and Human Health focusing on the topic- Ending Plastic Pollution Globally on 10th June 2025. The session was held to raise awareness about 'the impact of excessive heat on the health sector and its prevention' by speaker Dr. Nabaruna Das, Distt. Nodal Officer, NPCCHH, North District, GNCT Delhi who enlightened the audience on the theme – 'Ending Plastic Pollution Globally' and Excessive heat and its prevention under programme. It was attended by Dr Shubhra from National Centre for Disease Control under leadership of **Dr Mitasha Singh**, District task force member of Environment and health cum Head, Community Medicine and attended by 50 participants.

Dr. NEETA WARDHAN
Academic Coordinator
BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-01, Rohini, Delhi-110085

World Health Day Quiz 2025

To commemorate World Health Day 2025 the Department of Community Medicine in association with Indian Association of Preventive and Social Medicine (IAPSM) conducted an undergraduate quiz competition among MBBS students of Batch 2022 of Dr. BSA Medical College, Rohini, Delhi. This quiz was conducted in two stages, i.e., preliminary (elimination) round and final round. Four teams participated on 7th April 2025 and team Health Catalysts comprising of **Aman, Atishay Jain and Daksh Goyal** won the competition. The Delhi State Coordinator of this IAPSM Quiz 2025 was **Dr. Mitasha Singh and Dr. Vikas Kumar** was College Coordinator (IAPSM Quiz) and Quiz Master





World Tuberculosis Day 2025

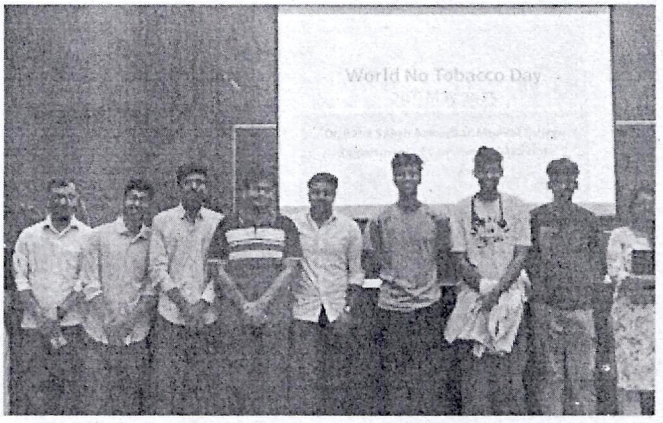
To mark the World Tuberculosis Day and 100 days TB Campaign celebration by Department of Respiratory (**Dr Shweta Gupta, Nodal officer Core Committee NTEP** & Community Medicine Department (Dr Mitasha Singh, Nodal officer Public Health core committee NTEP, Vice chair Delhi State Task Force) between 25th Feb & 24th March, 2025 at Dr. BSA Medical College, Rohini, Delhi organized various activities for generating the awareness regarding Tuberculosis disease & breaking of stigma & silence on disease, motivating the health care workers who are working in the TB & Chest clinics. Activities included walkathon, poster making competition by Nursing students, *nukkad natak* by Kirdar society, and quiz competition among MBBS students.





World No Tobacco Day, 2025

The Department of Community Medicine and Respiratory Medicine organized an interactive event with the undergraduate students, intern and externs on 31st May 2025. The overarching theme, "Unmasking the Appeal: Exposing Industry Tactics on Tobacco a Nicotine products" aimed to safeguard future generations and sustain the decline of tobacco usage. *Nukkad natak* was conducted at tobacco cessation clinic, quiz competition among MBBS students and extempore among intern and externs.





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Academic Coordinator
Dr. BSA Medical College & Hospital
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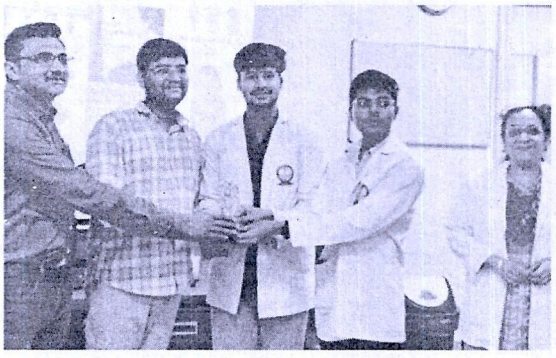
Swasth Nari Sashakta Pariwar Abhiyan



The Ministry of Health and Family Welfare launched Swasth Nari Sashakta Pariwar abhiyan as a fortnight activity from 17 Sep 2025 till 2nd Oct 2025. The department of OBG under leadership of **Dr Sandhya Jain and Dr Ritu Khatuja** along with various other departments conducted cancer screening camps, blood donation camps, NCD screening, TB screening and health education sessions only for women. The fortnight activity focussed on strengthening the already existing RCH programme in collaboration of other national health programmes aiming at female health.



World Breast Feeding Week, 2025



World Breastfeeding Week was observed between 1-7 August 2025, under its theme, "Invest in Breastfeeding, Invest in future" – UNICEF and WHO emphasized that every $1 spent on breastfeeding support returns up to $35 in health and economic benefits. Under leadership of **Dr Anita Chawla,** Head, Department of Paediatrics and Community Medicine, echoed the goals of WHO and observed the week with full enthusiasm. The medical students prepared hand drawn and e-posters focussing on various subthemes of this year theme of WBF. The students of Batch 2022 participated with full fervour in Kahoot based Quiz organised by departments of Community Medicine and Paediatrics. Well baby show and crawl race was organised at the Pediatrics OPD; winner mother child duo were awarded.



Awareness Seminar on Body and Organ Donation

Department of Anatomy in collaboration with *dadhichi dehdaan samiti* conducted awareness seminar on Body and Organ Donation, 3rd Apr, 2025 for students and faculty of institute under the leadership of **Prof Dr Gourav D Thakre.**

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
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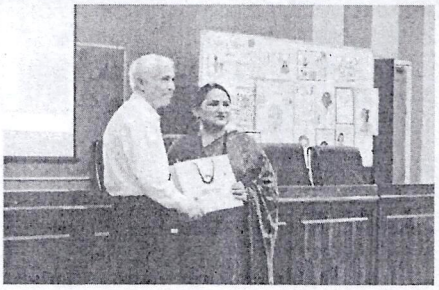
World Vitiligo Day, 2025

Vitiligo Day was observed by Department of Dermatology under leadership of **Dr Vivek Sagar** on 25th June 2026 - in form of *Nukkad natak* by Kirdaar dramatics society followed by address of guest speaker to faculty, staff, students by Dr SV Singh, Dir Prof, Community Medicine, AMRITA School of Medical Sciences, Faridabad and Dr Jitender Arora, Psychiatrist and Spec Gr I, ESIC PGMSR, Basaidarapur on social impact and psychological impact of Vitiligo.





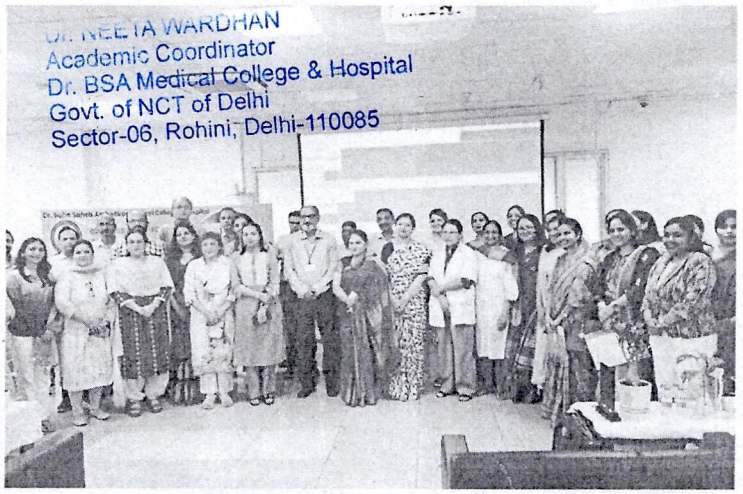


BSA BIOCON, 2025

Under aegis of ACCLMP- Delhi chapter BSA BIOCON was organised on Infertility Diagnostics on 19 Apr 2025 by department of Biochemistry under leadership of **Dr Elvia Jamatia.** Keynote address was delivered by Dr BC Koner, Dir Prof and ex Head, Biochemistry, MAMC. Dr Mona Sharma, Professor, dept of Reproductive Biology, AIIMS New Delhi delivered keynote address..

Effective Feedback Strategies for Medical Educators- CME

A CME was organised jointly by Departments of Physiology, Biochemistry and MEU on effective Feedback strategies on 17 July, 2025. The guest speaker was Prof Dr Binita Goswami, who is also a co-nodal faculty of Department of Medical Education, MAMC. Faculty from our institute and other institutes joined us to learn the nittygritties of Feedback.



STUDENTS' CORNER

आज़ाद

Written by Harsh (21041)

धीरे धीरे बेहिसाब हो गया ,
बूंद-बूंद दरिया सैलाब हो गया ।
लहरों की मार से, अपनों के प्यार से, जमाने की हार से
मैं पार हो गया ,
ये युद्ध है मैं युद्ध के लिए तैयार हो गया।
जीवन का मेरे सारा सार खो गया, बाकी बस मृत्यु है
मृत्यु से मुझे अब प्यार हो गया ।
एक तरफ मैं , एक तरफ सारा संसार हो गया
चारों ओर अंत हैं , अंत और हाहाकार हो गया ।।

शब्द शब्द उनका बदन में जहर घोलने लगा
बूंद- बूंद रंगों में रक्त खोलने लगा
रोम रोम मृत्यु का प्यासा मृत्यु को टटोलने लगा ,
देख क्रोध मेरा दानवो का इंसान झिंझोड़ने लगा।
क्षण क्षण हाथ मेरा पापों को उनके तोलने लगा,
त्राहिमाम त्राहिमाम जग सारा सामने मेरे बोलने लगा ।।।

अब सामने सिर्फ अंत हैं अंत को गले लगा मैं सो गया
देख मेरी मौत ऊपर वाला भी फूट फूट कर रो गया ।।।।

जीवन का मेरे सारा सार खो गया, बाकी बस मृत्यु है मृत्यु से मुझे अब प्यार हो गया ।

अब सामने सिर्फ अंत हैं अंत को गले लगा मैं सो गया
देख मेरी मौत ऊपर वाला भी फूट फूट कर रो गया

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
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A Lamp in the Long Night

Written by Vivek Yadav
2025 Batch Student

When shadows gather in the loneliest hour,
Who truly walks beside a wounded soul?
A child once warmed by a mother's quiet power
Now wanders roads where broken echoes toll.
The heart learns early what the world conceals:
Kind men can darken under fate's decree;
In silent streets where restless midnight kneels,
One waits—just hoping someone calls his plea.
I've learned that love, when held the tightest way,
May carve the deepest scar upon the chest.
The hands you trust the most may turn someday
And leave your dreams like ashes laid to rest.
Still life demands a strange and bitter art—
To sip its gall and smile through every scar;
For pain can turn a trembling, shattered heart
Into a voice that travels wide and far.
I've watched the seasons change in human eyes,
More swift than clouds that wander through the sky.
The guilty dine with crowns of proud disguise,
While honest men in silent prisons lie.
A child strikes anger at a father's grace,
A father spends his years in sacrifice;
Barefooted youth in crowded alleys chase
a world where wealth adorns the lifeless twice.
And youth now chases mirrors made of flame—
a thousand eyes upon a glowing screen.
Fame is the hunger; numbers are the name;
Truth fades where brighter illusions intervene.
Yet still a stubborn pen resists the lie,
Though worn by all the stories it has known;
For somewhere in the dark a passerby
May find these words and feel less alone.
Tonight while lanterns blaze for festal light,
A quieter dusk settles in my chest;
So I ignite this verse against the night—
A fragile spark for hearts that seek their rest.

I've learned that love, when held the tightest way, May carve the deepest scar upon the chest.

Fame is the hunger; numbers are the name; Truth fades where brighter illusions intervene

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The Ivory Tower

Written by Aryan Erry
2022 Batch Student

I stand in my ivory tower, because it hurts to sit.
the seat is a bush of thorns, every angle, they pinch my hips, until feelings are gone.
Why could i not be like the ones before and after me?
They did and will enjoy this tower to the "t".
while all i am is annoyed, at the shape of my hips, at the prickly nature of the seat, at the way they fit each other, at the way the tower greets, my cold and high weather.
Walls start to close in the moment i step out.
Trapped inside the head of the highest room around, the ivory teeth turn red.
So i flip my gaze and look the needled chair growls at me.
I take my knife and try to cut, the two of them create cacophony, and i lose, the blade is stuck.
The ivory poltergeist is the victor once again.
Born in this cage screaming, i now repeat what i did then, as the tower chokes my dreaming.

पिता

Written by
Sakshi, batch 2023

आज फिर एक बार भावुक दिल हो गया,
जब मांगने से पहले जो चाहिए था, वो मिल गया।

मैं हमेशा सोचती हूं कि कैसे कोई इतना प्रेम कर सकता है कि जमीन-आसमान एक का तो पता नहीं, पर मेरी खुशी में हंस और गम में रो सकता है।

जिस संसार में, सफलता पाना, उपलब्धियों के शिखर पर जाना, कामयाबी है मेरे पापा के लिए, मेरा मुस्कुराना काफी है।

मेरी मां के लिए दुनिया हसीन जब संतान समीप हो।
पापा की दुआ यही, बस मेरा स्वास्थ्य ठीक हो।।

मैंने सिर्फ उनकी आंखों में, प्यार देखा है
मैंने हां कहीं तो हां, ना कहूं तो इन्कार देखा है
जीत कहीं तो जीत हार कहीं तो हार देखा है

कैसे कोई, इतना प्रेम कर सकता है, अपने आपसे पहले आपको रख सकता है, आपके लिए अपनी आकांक्षाएं भूल सकता है?

मैं क्या लिखूं उनके लिए, जिन्होंने मुझे लिखा है, सत्य है - खून-पसीना, धन-दौलत बहुत मालूम नहीं, उन्होंने अपने जीवन से मेरा जीवन रचा है।

मेरी दुनिया में, उनके वजूद की अहमियत क्या लिखूं, भगवान को शब्दों में लिखना क्या संभव है क्या?
है आज भी मेरा प्रश्न यही, इतना प्रेम किया जा सकता है क्या?

बालपन से ही पटक पटक कर उत्तर, गुरूर, मित्र, बन गए अपनी शिक्षाओं से पटक चला मैं अपना चरित्र बन गए।

घोर नींद में मैं पढ़ूं, तो मेरे लिए - कॉफी बनाना अधिक विलंब न हो, इसलिए जल्दी सुलाना

ठंड लगे तो सीने से लगाना आंख खुलें तो अपना कंबल भी मुझे ओढ़ाना

शायद ये सब स्वाभाविक होगा शायद अपने आप को न्योछावर किया जा सकता होगा पर मेरे पापा के लिए मैं मुस्कुराऊं नहीं तो -पल-पल हर पल बाकी है,
किसी किसी के जीवन संपूर्ण होने के लिए बस मेरा मुस्कुराना काफी है।।

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

The Lost Art of Mischief: A Note on Medical Education Today

Dr Mitasha Singh

My teacher once remarked, "The classrooms are losing the enthusiasm, youthfulness, and even the mischief we witnessed twenty years ago. Medical education has deteriorated over the last decade, and so has the quality of students." At first glance, it sounds like pessimism. But is it? A senior of mine echoed a similar sentiment that today's medical students have lost their appetite for risk.

I found myself wondering: what does mischief have to do with becoming a doctor? But if you think about it deeply, the answer reveals itself. That willingness to bend rules, to take chances, to pull off something audacious in youth it built resilience, sharpened judgment, and quietly shaped character. And much of that resilience was born not just from the freedom students gave themselves, but from the freedom their parents gave them. A generation ago, the moment a student entered college, parents stepped back. Problems were yours to navigate, conflicts were yours to resolve, and growing up was something that happened to you not something carefully managed from a distance. Today, that buffer has shrunk considerably. Students arrive at medical college having spent years in a protective cocoon, shielded from failure, negotiated out of consequences, and rarely left alone long enough to figure things out on their own. The result is a generation that is academically prepared but emotionally under-rehearsed for the rigors of what medicine actually demands.

Today's medical students, by contrast, seem caught in a different kind of trap. They move strictly within college hours, rarely venturing beyond the syllabus to learn something extra or even to simply sit together and talk. Minor incidents are blown wildly out of proportion, and the bigger picture is lost. Ninety percent walk through corridors with their necks bent, eyes fixed on screens. Spectacles have become the norm as visual acuity declines year by year. And the communication gap between people even those sitting in the same room widens with every passing semester.

But the picture is not one-sided. Students, too, have their grievances about educators. Teachers are perceived as rigid, over-reliant on PowerPoint slides, and unable to engage beyond using attendance as leverage. There is a quiet frustration among students who feel their teachers cannot keep pace with the digital world they inhabit. This, of course, is not entirely new every generation has accused the one before it of being outdated and inflexible. In this country especially, the older generation still dominates the younger, though the day when that balance shifts is not far off.

Setting aside these generational differences, one question is worth asking: do today's medical students actually need their teachers in this age of digital resources and artificial intelligence? The answer, perhaps surprisingly, is yes and more than ever in some ways. AI can retrieve information, but it cannot resolve an interpersonal conflict. It cannot model how to deliver difficult news to a patient's family, or demonstrate the quiet authority that comes from decades of clinical experience.

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

Students may spend their hours vlogging, texting, scrolling through Snapchat, and engaging in everything that makes life feel light and entertaining and there is nothing inherently wrong with that. But life is not always fun, and when the weight of it arrives and in medicine, it arrives early and often students face a choice. Some collapse under stress, and too many descend into depression. Others, those with enough presence of mind, reach out to someone who has walked the path before them.

Which brings us back to mischief and risk-taking. Creating genuine mischief, the harmless, imaginative kind is actually a sophisticated cognitive exercise. It requires creativity, planning, anticipation of consequences, and a degree of social intelligence. It activates the prefrontal cortex in ways that passive screen consumption simply does not. It fosters a sense of achievement, camaraderie, and joy. As long as it poses no threat to life or to another person's dignity and mental peace, mischief in young adults is not a problem to be corrected it is a sign of a mind that is still alive and engaged.

The risk-takers of today are the leaders of tomorrow. This is not merely an inspirational slogan medical history quietly validates it. Many of the finest superspecialists this country has produced were not the students who sailed through every examination without a stumble. Some of them failed a subject once. A few failed more than once. But rather than treating that failure as a verdict on their ability, they treated it as an introduction a signal that this particular field had something more to teach them than they had yet understood. They went back, dug deeper, and in doing so developed a relationship with that subject that the students who passed effortlessly never quite formed. Years later, that same subject became their specialisation, their identity, and their greatest contribution to medicine. Failure, met with the right attitude, had quietly done what success alone could not.

Today, a single failed paper can send a student and an entire family into crisis. The drama that surrounds academic setbacks has grown so loud that the lesson inside the setback is completely drowned out. We have become so afraid of falling that we have forgotten failing is often how the best doctors find their direction.

What we may be witnessing in today's medical classrooms is not a generation that is worse, but one that is more constrained hemmed in by hyper-vigilance, digital distraction, and a fear of stepping out of line. The enthusiasm has not disappeared. It has simply been buried.
The task for educators and students alike is to dig it back up before medicine loses not just its mischief-makers, but its most imaginative future doctors.



Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085

Things They don't Teach You in Medical College

Dr Khushboo Dewan

As I see students walk through the corridors of our Medical College and see my own journey so far, I reflect upon a simple truth - while we teach medicine diligently, some of the most valuable lessons are actually never formally taught. Alongside the formal education, there always exists an unwritten curriculum- one that quietly unfolds through everyday experiences.

We learn the art of endurance - managing long hours, balancing academic demands with patient care and in the process discover reserves of strength unknown to our ownselves.

Communication, too, evolves beyond textbooks. Over time, it sinks that medicine is not only diagnosing disease. Healing extends much beyond the physical health, encompassing mental, emotional and social balance. The art of connecting, the ability to reassure and listen, are best learnt at the bedside.

There are lighter moments as well - transformation of neat handwriting into the "more efficient scribble" is almost a rite of passage. What begins as meticulous documentation soon adapts to the pace of the profession - often becoming language known only to those within.

Amidst the exploding stress and demands, the spirit of teamwork and our friends become a source of reassurance. I see students support each other through demanding schedules, share knowledge and form bonds that last a lifetime. We must all realise that medicine can never be practised alone and it becomes easier as we share the load.

Not to forget. Our understated, yet constant companion - a cup of chai! it is the ultimate remedy to fatigue and provides small but significant warmth on otherwise demanding days.

Somewhere between textbooks and demands of patient care, comes the lesson that no curriculum teaches - the art of budgeting. Concepts like "cost-effective living" and "Resource management" takes on practical meaning as we learn to stretch our stipends and limited salaries!!

The most significant transformation that I observe is a shift in perspective, not only of students but all healthcare professionals. As we progress on our journey, we begin to appreciate the vastness of medical knowledge and the responsibility that it carries.

As faculty, we take pride not only in what we teach our students but also what we learn from them - their fresh perspective and evolving outlook that continually enrich our own understanding . The shared experiences and the unspoken lessons shape not just qualified competent doctors but compassionate and reflective individuals on both sides of the learning process.

While medicine can be taught, becoming a better teacher is something we learn everyday!!

DR. NEERA RAMDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085





COMPILED BY OUR EDITORIAL TEAM

DR MITASHA SINGH

DR DEEPTI KHATTAR

MR SAHITYA KATARIA

MS ANANYA GUPTA

Dr. NEETA WARDHAN
Academic Coordinator
Dr. BSA Medical College & Hospital
Govt. of NCT of Delhi
Sector-06, Rohini, Delhi-110085



