

# **DEPARTMENT OF COMMUNITY MEDICINE & RESPIRATORY MEDICINE**

**DR. BABA SAHEB AMBEDKAR MEDICAL COLLEGE & HOSPITAL**

**SECTOR-6, ROHINI, DELHI-110085**

## **Report of World Tuberculosis Day and 100 days TB Campaign celebration by Department of Respiratory & Community Medicine Departments between 25<sup>th</sup> Feb & 24<sup>th</sup> March, 2025**

To mark the World Tuberculosis Day and 100 days TB Campaign celebration by Department of Respiratory & Community Medicine Department between 25<sup>th</sup> Feb & 24<sup>th</sup> March, 2025 at Dr. BSA Medical College, Rohini, Delhi organized various activities for generating the awareness regarding Tuberculosis disease & breaking of stigma & silence on disease, Motivating the health care workers who are working in the TB & Chest clinics. Advantages of TB awareness for combating all such issues were discussed during sensitizing the general population as well as medical students and Interns.

The activities conducted are as follows:

1. Walkathon for TB awareness by MBBS students (2022 Batch), faculties & staff on 25<sup>th</sup> February 2025
2. Nukkad Natak by MBBS students (2022 Batch) at OPD block Dr. BSAMCH on 25<sup>th</sup> February 2025
3. Poster & Slogan making competition on TB awareness by students of Govt. co-ed school, sector 2, Rohini on 18<sup>th</sup> March 2025
4. Interview and Felicitation of TB champions & pledge action at Pulmonology OPD at Dr. BSAMCH on 20<sup>th</sup> March 2025
5. Poster & Slogan making competition by nursing students of Salokya College of Nursing at Community Medicine department, Dr. BSAMCH on 21<sup>st</sup> March 2025.
6. Nukkad Natak by MBBS students (2022 Batch) & felicitate the staff & students at Pulmonology OPD, Dr. BSAMCH on 24<sup>th</sup> March 2025.
7. Quiz competition by MBBS Batch 2022 & 2023 at Demo Room, Community Medicine department, Dr. BSAMCH on 24<sup>th</sup> March 2025.

## 1. Walkathon for TB awareness by MBBS students (2022 Batch) & staff:

Walkathon was flagged off by Head of Office, Dr. Baba Saheb Ambedkar Medical College & Hospital. Department of Community Medicine, Microbiology & Respiratory department in collaboration of District TB Centre (North west district) collectively efforts to raise awareness about 100 days Tuberculosis (TB) elimination campaign on the road to elimination of TB by 2025. The Primary objective of this Walkathon is to educate the students, interns, staff, faculty & the community about the importance of early detection treatment adherence & preventive measures to eliminate TB and reduce its stigma. The Walkathon included banners, posters, slogans & Nukkad Natak by MBBS students of batch 2022. Walkathon was started from gate no.2 to residential complex Dr. BSAMCH through emergency department to OPD block on 25<sup>th</sup> February 2025.



# दैनिक जागरण

27.02.2025

**अंबेडकर अस्पताल में टीबी के खिलाफ रैली निकाली, नाटक से किया जागरूक**



जागरूकता रैली निकालते हुए बाबा साहेब अंबेडकर अस्पताल का स्टाफ व मेडिकल कालेज के विद्यार्थी • सौ. आयोजक

जागरण संवाददाता, बाहरी दिल्ली: विश्व टीबी दिवस और '100 दिन टीबी जागरूकता अभियान' कार्यक्रम के तहत बाबा साहेब अंबेडकर अस्पताल में जागरूकता रैली निकाली गई और मेडिकल कालेज के छात्र-छात्राओं ने नुक्कड़ नाटक का मंचन कर लोगों को जागरूक किया।

रैली में मेडिकल कालेज के छात्रों, इंटर्न्स, फैकल्टी और अस्पताल के अन्य स्टाफ ने भाग लिया। प्रतिभागियों ने सामाजिक प्रतियोगिताओं को दूर करने और टीबी के प्रति लोगों की सोच को बदलने के संदेशों के साथ पोस्टर और बैनर लिए रैली निकाली। साथ ही, टीबी मुक्त भारत के लिए नारे लगाए। क्षय और श्वास रोग विभाग की अध्यक्ष डा. श्वेता गुप्ता और सामुदायिक चिकित्सा विभाग की अध्यक्ष डा. मिताश सिंह ने बताया कि इस अभियान का उद्देश्य टीबी रोगियों के प्रति समाज में व्याप्त भ्रंतियों और भेदभाव को खत्म करना है। लोगों को टीबी के सही पहचान, शीघ्र इलाज और सरकारी स्वास्थ्य सेवाओं की उपलब्धता के बारे में बताया गया। टीबी लाइलाज बीमारी नहीं है, समय पर उपचार जरूरी है। डा. शुभंकर दास ने बताया कि सरकारी स्वास्थ्य केंद्रों पर टीबी की जांच और उपचार बिल्कुल मुफ्त उपलब्ध हैं। रैली का आयोजन सामुदायिक चिकित्सा और टीबी एवं क्षय रोग विभाग की ओर से किया गया। इससे पहले मेडिकल कालेज के नाट्य मंच 'किरदार' की ओर से नुक्कड़ नाटक प्रस्तुत किया गया। इस नाटक के माध्यम से यह संदेश दिया गया कि टीबी पूरी तरह ठीक होने वाली बीमारी है।

## 2. Poster & Slogan making competition by school students:

Poster & Slogan making competition on TB awareness by students of Govt. co-ed school, sector 2, Rohini on 18<sup>th</sup> March 2025, was conducted with the help of school administration & teachers. In this activity 40 primary school students with their teacher (Meenakshi) & Dr. Shweta Gupta (HOD Respiratory dept.), Ms. Bhanu Nursing Officer, Ms Reena & Ms Tripti (Social worker) participated from Dr. Baba Saheb Ambedkar Medical College & Hospital. Students made informative & impressive posters with slogans. Dr. Shweta Gupta took a short session on TB awareness & stigma to motivate the students, prizes were distributed

to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> position for best poster & slogans.



**GOVT. CO-ED SARVODAYA VIDYALAYA**  
SECTOR-2, ROHINI, DELHI- 110085  
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# WORLD TUBERCULOSIS DAY



## स्कूली बच्चों ने टीबी का हराने की शपथ

जासं, बहरी दिल्ली : रोहिणी सेक्टर-2 स्थित सर्वोदय विद्यालय में विश्व टीबी दिवस जागरूकता सप्ताह समारोह का आयोजन किया गया। विद्यार्थियों ने पोस्टर मेकिंग और नारा लेखन प्रतियोगिता में हिस्सा लिया। बाद में टीबी के प्रति कलंक को मिटाने और लोगों को जागरूक करने की शपथ भी ली। डा. बाबा साहेब अंबेडकर मेडिकल कालेज और अस्पताल के क्षय एवं छाती रोग विभाग और सामुदायिक चिकित्सा विभाग की ओर से आयोजित कार्यक्रम में क्षय एवं छाती रोग विभाग की प्रमुख डा. श्वेता गुप्ता ने टीबी की शीघ्र पहचान, समय पर उपचार के महत्व पर प्रकाश डाला। जागरूकता कार्यक्रम अंबेडकर अस्पताल के सामुदायिक चिकित्सा विभाग की अध्यक्ष डा. मीताशा सिंह की देखरेख में चलाया जा रहा है। इस अवसर पर स्कूल के प्रधानाचार्य डा. विरेंद्र कुमार, रवि चंद कौशिक, मीनाक्षी शौकीन, प्रेम कुमार शर्मा आदि स्कूल स्टाफ मौजूद रहे।

3. **Interview of TB champions & pledge action at Pulmonology OPD at Dr. BSAMCH:** Dainik Jagaran conducted Interview session of Tuberculosis champions (Mr Vikas, Ms Pooja & Mr Ramdeen) and District health Educator (Mr Arun) in the presence of Dr. Shweta Gupta, Dr. Mitasha Singh, Dr Devendu, Dr. Manish and other staff at pulmonology OPD on 20<sup>th</sup> March, 2025. TB champions shared their experiences of the disease and treatment. Now they are our TB Champions who help the TB patients to overcome their fear, anxiety, important factors of disease at individual and community level. All the Faculty, staff and TB Champions took a pledge of TB elimination. Dr. Mitasha Singh, Dr. Shweta Gupta felicitated the TB champions with plants, caps, badge, writing notebook, pens etc. Dr Shweta Gupta gave briefing about TB Elimination programme with slogan “**TB Harega Desh Jeetega**”.





#### 4. **Poster & Slogan making competition by Nursing Student:**

Poster & Slogan making competition on TB awareness by Nursing students of Salokaya college of Nursing was conducted on 21<sup>st</sup> March 2025, at Department of Community Medicine. In this activity 20 students with 1 Professor (Ms Pooja) of nursing college & Dr. Shweta Gupta (HOD Respiratory dept.), Dr. Mitasha Singh (HOD, Community Medicine), Ms. Monika Nursing Officer, Ms. Reena & Ms. Tripti (Social worker) participated. Students made informative, impressive and colourful posters with slogans.

Dr. Shweta Gupta took a health education session on TB awareness & stigma. Role of Health care workers with TB Patients and how they can overcome patient fear, myths, and how they can counsel the patient at hospital. Then we gave caps, writing notebook, pens, badge, pamphlets & refreshments to them. At last a pledge action on TB awareness by Nursing students & staff was taken.



**5. Nukkad Natak by MBBS students (2022 Batch) on World TB Day:**

The Event Started with lamp lighting by Dr. Pradeep Sharma (DMS, Dr.BSAMCH), Dr. Shubhanker Das (District TB officer), Dr. Laxmi (WHO Consultant), Dr. Shweta Gupta, Dr. Mitasha Singh, Dr. Vikas Kumar, Dr. Devendu, Dr. Manish, Dr. Gunjan Mahaur, DNS and ANS at Pulmonology OPD, Dr. BSAMCH on 24<sup>th</sup> March 2025. MBBS Students of batch 2022 performed Nukkad Natak at OPD and gave message to public about TB Disease & students received prizes & refreshments.







**6. Closing ceremony and Quiz competition among MBBS Batch 2022 & 2023 posted at Community Medicine department, 24.03.2025:**

Guest of honor for this event were Dr. Gaurav Thakre (HOO), Dr. Shailendra Kaushik (DMS), Dr. Pradeep Sharma (DMS) & Dr. Laxmi (WHO consultant). Dr Laxmi opened the ceremony with a talk on 100 days TB campaign followed by Dr Pradeep Sharma who talked about destigmatizing TB. The quiz competition was among 15 students from 2022 batch & 25 students from 2023 batch. Quiz master Dr Mitasha conducted an informative quiz on Kahoot where all participated. The guest of honors distributed the prizes to winners of quiz & poster-slogan competition.





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