

MBBS BATCH 2020-21

Foreword by Director Principal

We are delighted that you have chosen to study at the Dr. BSA Medical College, and we look forward to welcoming you to our family. Graduate education has been central to our mission since the founding of this college last year, and you are an important integral part of this family now

Each and every individual in the campus of the college has worked hard and tirelessly to make your experience of studying medicine a pleasure and make your experience here, as you journey across the next few years, into one of academic excellence and intellectual innovation.

To help you succeed in your studies, you will find exceptional resources that complement what your departments offer, including our outstanding library, laboratories, and computer facilities and audio-visual experiences. We encourage you to explore the full range of educational opportunities in your college: participate in extracurricular activities, attend lectures, demonstrations and practicals and seek out faculty with diverse interests and develop yourselves into not only brilliant doctors but also lovely human beings with strong character.

We at the Dr. BSA Medical College are committed to creating an environment in which each of you will grow and thrive. You will be part of a diverse and energetic community of fellow students, faculty, and staff. Their intellectual vitality and imagination will foster your intellectual growth and professional development in ways you may not yet imagine.

We look forward to personally welcoming you to the Dr. BSA Medical College and Hospital. We are confident that you will find this a truly exciting time to pursue your graduate medical career over here.

Having said that, there are some important issues I would like bring to the fore. One is discipline. This needs to be maintained strictly as college life is all about self-motivation and in this process discipline is paramount. This means that you are completely responsible for establishing and maintaining a disciplined system in place. Ragging is another issue to which all of us need to be sensitive about. It is not only degrading individuality, but also against the law and to which there is zero tolerance by the college, the law and the society. In case any student finds himself or herself in a situation in which he or she is uncomfortable due to this problem, please do not hesitate to meet any of the faculty members or the committee constituted for this purpose. You may also put your problem in the complaint box placed outside my office for your convenience or else contact on the helplines given on the website for the purpose.

For the senior batch, it is my request to them to refrain from this unsavory practice and take this opportunity to guide the fresh batch towards establishing a strong base in the college and be a role model for them. To the fresh batch, my advice is to look up to the senior batch and emulate them as role models. For the parents, it is my request to ensure that this issue is impressed on their wards to avoid unnecessary problems.

Get ready for this journey of a lifetime. I wish you all the best for the time to come.

Dr. Anil Agarwal

Director Principal

Dr. BSA Medical College & Hospital

**Respect Human Values
And Say “No” to Ragging**

**Ragging is a Violation
OF Human Rights**

**Ragging is neither a means of Familiarization nor an
Introduction with freshmen, but a form of Psychopathic
Behaviour**

**Kindly see UGC regulations on curbing the menace of
ragging on UGC website**

www.ugc.ac.in

Anti-Ragging Helpline

1800-011-4401

Will operate round-the-clock and function as Watch Dog

Websites: <http://amanmovement.org/>

Email ID: antiraggingbsamch123@gmail.com

Helpline Numbers

Name	Designation	Contact no.
Dr. Vijay Dhankar	Project officer & Chief Warden	7290095601
Dr. Gourav Dadarao Thakre	Deputy Warden (Boy's Hostel)	7276489080
Dr. Madhu Sethi	Deputy Warden (Girl's Hostel)	9911398515
Ms. Nitu Choudhary	Asst. Warden(Girl's Hostel)	9413555418

Emergency number

Dr. Prachi Renjhen, Academic Coordinator 9899189993

APPELATE BODY

Dr. Anil Agarwal Director Principal

Dr. P.S. Khatana Medical Director

APEX COMMITTEE

NAME	DESIGNATION	PHONE NO.
Dr. S.K. Bajaj	Director Professor of Physiology	8178875992
Dr. Prachi Renjhen	Academic Coordinator & Professor of OBG	9899189993
Dr. Shashi Raheja	Professor of Anatomy Chairperson –Gender Harassment Committee	9868906767
Sh. Bhupesh Kumar	S.H.O. Police Representatives	8750870330
Sh. Yogesh Jain	Asst. Director (Edu.)	9654359490
Sh. Hemant Kumar Pandey	Hindustan Times Representative from Media	9868585790
Sh. Sandeep Yadav	Head of office	9999756424

Anti-Ragging Committee

- **Chairperson - Dr S.V.Singh – Director Professor (Community Medicine) m. 9968604246**
- **Co- Chairperson- Dr Shelesh Kumar Goel – Professor (Community Medicine) m. 9810033677**
- **Co- Chairperson – Dr Megha Maheshwari - Professor (Microbiology) m. 9953944819**

Police Helpline

Contact Number of Police Officer of Anti-Ragging Committee

Sh. Bhupesh Kumar (SHO)

m. 8750870330

Anti-Ragging Squad (College)

Name	Designation	Phone No.
Dr. Gourav Dadarao Thakre	Assistant Professor (Anatomy)	7276489080
Dr. Deepti Jangpangi	Assistant Professor (Physiology)	9871376943
Dr. Anika Sulania	Assistant Professor (Community Medicine)	9873743493
Dr. Shinky Mehta	Tutor(Biochemistry)	9891872632

Anti-Ragging Squad (Boy's Hostel)**Dr. Vijay Dhankar**
Mr. Sanjeet**Chief Warden**
Caretaker (Boys Hostel)

Name	Designation	Phone No.
Dr. Gourav D. Thakre	Assistant Professor (Anatomy)	7276489080
Dr. Sant Gaurav	Tutor (Biochemistry)	9810201908

Anti-Ragging Squad (Girl's Hostel)**Dr. Vijay Dhankar**
Ms. Neena Mittal**Chief Warden**
Caretaker (Girls Hostel)

Name	Designation	Phone No.
Dr. Euden Bhutia	Assistant Professor Pediatrics	9953067332
Dr. Deepti Jangpangi	Assistant Professor (Physiology)	9871376943
Ms. Nitu Choudhary	Tutor (Biochemistry)	9413555418

GENDER HARASSMENT COMMITTEE

Name	Designation	Mobile
Dr. Shashi Raheja	Professor (Anatomy)	9868906767
Mr. Sandeep Yadav	Admin Officer	9999756424
Mr. Parveen Khattar	Advocate	9868212700
Ms. Jeevan Verma	S.O.	8467041110
Ms. Sunita Mehta	Nursing Officer	9811845571
Ms. Hira Bai	Nursing Orderly	9250782262

**Dr Baba Saheb Ambedkar Medical College
Student's Council 2020-21**

S. No.	Post	Name	Contact
1.	President	Vishal Rana (2017)	8851569410
2.	Vice President	Rhitik (2017)	9996245360
3.	General Secretary	Shivam Ghai (2018)	9773935610
4.	Cultural Secretary	Sidhant Ratan (2018)	8826254336
5.	Sports Secretary	Aditya Verma (2018)	9999220054
6.	Literary Secretary	Kumar Abhishek (2018)	8709331558
7.	Fine Art Secretary	Kanwaljeet Singh (2018)	9891302049
8.	Hostel Secretary Boys	Keshav (2017)	9646902054

**Department wise schedule of
Anti Ragging duties for the Year 2021**

Department	Dates of Duty	Days
Pharmacology	1 st & 2 nd February	2
Pathology	3 rd & 4 th February	2
Microbiology + Forensic Medicine	5 th & 6 th February	2
Anatomy	8 th & 9 th February	2
Physiology	10 th & 11 th February	2
Biochemistry	12 th & 13 th February	2
Community Medicine	15 th & 16 th February	2
Pharmacology	17 th & 18 th February	2
Pathology	19 th & 20 th February	2
Microbiology + Forensic Medicine	22 nd & 23 rd February	2
Anatomy	24 th & 25 th February	2
Physiology	26 th & 27 th February	2

On Saturday Class Timings:

Note:

- The anti-ragging duty will start 15 minutes before commencement of class in morning 8:00 am and in evening up to 4:00 pm (from Mon-Fri) and on Saturday (up to 1.00PM) as above. Lunch hour duties are from 12:45 PM – 1:30 PM

INTRODUCTION

Congratulations on admission in Dr. Baba Saheb Ambedkar Medical College, an upcoming institution of G.N.C.T. of Delhi. This institution started in 2016 and aims at providing quality medical education to young entrants. The college session starts on **1st of February 2021**. Ragging had been a custom in the Professional Colleges and University Campuses in our country. Dr. Baba Saheb Ambedkar Medical College has taken adequate measures for prevention and control of ragging. However, due to the ugly incidents of ragging in other colleges of Delhi and the rest of the country reported in the newspapers and media; there is anxiety and fear among the new entrants and their family members. The college would like to alleviate their fear and anxiety and provide a conducive environment for learning more so, during the initial period of the course. Following the Hon'ble Supreme Court's direction, and as teachers we aim to make Dr. Baba Saheb Ambedkar Medical College ragging free campus.

WHAT IS RAGGING?

“Any disorderly, behavior whether by words spoken or written, or by an act which has the effect of teasing, treating or handling with rudeness any other student, indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment, so as to adversely affect the physique or psyche of a fresher or a junior student” Hon'ble Supreme Court.

Thus, ragging includes:

- a) Act of physical and sexual abuse, homo sexual assault, stripping, forcing obscene, and lewd acts, gestures, causing bodily harm or any other danger to health.
- b) Act of abuse by spoken words, emails, snail-mails, public insults, perverted pleasures, vicarious or sadistic feelings from actively or passively participating in the discomfiture to others.
- c) Exploiting the services of junior students for completing the academic tasks by the seniors.
- d) Act of financial extortion or forceful expenditure.

- e) Any act that affects the mental health and self confidence of students.

DIRECTIONS OF THE SUPREME COURT

The Hon'ble Supreme Court has focused to tackle the problem of ragging by the following measures:

1. Primary responsibility for curbing ragging rests with academic institutions themselves.
2. Ragging adversely impacts the standards of higher education.
3. Incentives must be available to the institutions for curbing the menace and there should be disincentives for failure to do so.
4. Enrolment in academic pursuits or a campus life should not immunize any adult citizen from penal provisions of the laws of the land.
5. Ragging needs to be perceived as a failure to inculcate human values from the schooling stage.
6. Behavioral patterns among students, particularly potential raggers need to be identified.
7. Measures against ragging must deter its recurrence.
8. A concerted action is required at the level of the school, higher educational institution, district administration, university, state and central government.
9. Media and civil society should be involved in this exercise.

RECOMMENDATIONS OF RAGHAVAN COMMITTEE

The Committee was constituted under Dr. R.K.Raghavan, Former Director (CBI) to give suggestions for prevention of ragging in educational institutions of the country. Dr. A.K.Agarwal the former Dean, Maulana Azad Medical College, New Delhi was one of the members of the committee. The Committee has submitted its report on 7th May 2007 and given recommendations. Some of the important recommendations are as follows:

1. Act which violates the dignity of the student or is perceived to violate his/her dignity should also be considered as ragging.
2. Sensitization programme involving parents, students, teachers, and media should be formulated and implemented.
3. For prevention of ragging, a tiered structure should be there, where senior students should be made responsible for a group of freshers particularly in hostels should report to teachers/warden who will report to the Dean or Head of institution.
4. Helplines should be offered.
5. Victims may lodge an FIR.
6. Terms of punishment are as follows:
 - Categories of ragging and punishment Verbal Ragging: When senior causes mental harassment, discomfort for the junior by forcing him/her to answer unacceptable/personal

questions, dance, sing etc. is said to rag the junior. It also includes within its ambit cyber ragging.

Punishment: 1 year imprisonment or fine.

Physical: Any act by the senior towards the junior which inflicts bodily injury on the junior, like beating the junior, hitting him/her with objects etc.

Punishment: 7 year imprisonment with fine.

Sexual Ragging: where the senior asks the junior to do an act which damages sexual dignity of the junior.

Punishment: 7 year rigorous imprisonment and fine

- Ragging Evidence: Act of ragging witnessed by teacher, non-teaching staff or administrative staff to be treated as final.

The institution must be an active party to lodge an FIR.

MCI GUIDELINES

Guidelines framed by the Medical Council of India to curb the menace of ragging in medical colleges are as under:-

1. Every student for the purposes of his/her admission to Medical College shall furnish a Character Certificate from the institutions where from he/she passed his qualifying examination, which would mention the status of his/her behavioral pattern specially in terms as to whether he/she displayed persistent violent or aggressive behavior or any desire to harm others.
2. The admitting medical institution shall keep intense watch upon students who has a negative entry in this regard.
3. An annual undertaking signed by each student, whether fresher or senior and his/her parent (s) jointly stating that each of them have read the relevant instructions/regulations against ragging, as well as punishments, and that if the ward has been found guilty he/she shall be proceeded against, as per rules.
4. Such an undertaking shall be furnished in English as well as in vernacular (Mother tongue of the parent) at the beginning of each academic year by every student.
5. An undertaking to the similar effect should be obtained every year each student admitted to the hostel.
6. The undertaking should be appended to the brochure containing the guidelines and other relevant instructions in regard to ragging and consequences of indulging in ragging.
7. The compliance to the above effect shall be ensured by each of the affiliating university to which the concerned medical institution is affiliated and would be verified by the council annually.
8. In order to ensure the 'ragging free environment' in the campus, each institution shall compulsorily in the 'prospectus' and other admission related documents, shall depict the earlier

directions of the Apex court and / or of the Central or, State Governments as applicable, so that candidates and their parents are sensitized in respect of the prohibition and consequences of ragging.

9. Each institution should engage or seek the assistance of 'professional counselor' at the time of admissions to counsel 'freshers' in order to prepare them for the life ahead, specially for adjusting to the life in hostels.
10. It should be ensured that there would be a clear gap of one to two weeks between the date of joining of 'freshers' and the 'seniors', ensuring that classes for the seniors shall commence later, so as to enable the 'freshers' to familiarize themselves with the campus environment and adjust to the sudden change over from schools to higher education.
11. It shall be mandatory for the institutions to inform the parents of senior students to send their wards only on the due date of commencement of the academic session and not earlier.
12. All the examining Universities with which the institutions are affiliated or deemed to be universities shall compulsorily amend their relevant ordinances or byelaws, as the case may be, to incorporate the schedule gap of one or two weeks between the date joining of 'freshers' and 'seniors'.
13. Each institution shall arrange a joint 'sensitization' programme and counseling' of both 'freshers' and 'seniors' to be addressed by the Principal/Head of the institution and the Convener of the Anti Ragging Committee. The inmates of the hostel shall be addressed on this count by the Hostel Warden.
14. Each institution shall have an Anti-Ragging Committee and Anti Ragging Squad, which shall comprise of other than senior teachers of the institution, representatives of Civil & Police administration and local media.
15. Each institution shall constitute a "Mentoring Cell" to oversee and involve senior students as 'Mentors' for the 'freshers'.
16. Such a Mentoring Cell shall be constituted at the end of every academic year, where application shall be invited from the students to join the Mentoring Cell as Mentors for the succeeding academic year.
17. An anonymous random survey shall be conducted by each institution across the entire 1st year batch of students every fortnight during the first three months of the academic session in order to verify and cross-check whether the campus is genuinely ragging free or not.
18. The methodology of such survey may be designed by the institution appropriately. However, doing so it shall be ensured that the institution does not compromise with the anonymity of the 'whistle blowers'.
19. The institution shall ensure that private commercially managed lodges or hostels outside campuses must be registered with local Police Authorities and permission to start such hostel

or their registration must necessarily be recommended by the Heads of the Medical Institutions.

20. In case the parent /guardian (of the victim of ragging) is not satisfied with the action taken by the head of the institution or by other institutional authorities, or where head of the institution is of the opinion that the incident ought to be so reported, it shall be mandatory for the institution to file a First information Report with the local police authorities.
21. It must be ensured by each of the institution that the complaints or information in regard to ragging could be oral or written and even from third parties and the confidentiality thereof must be protected at all costs.
22. Each institution shall ensure that remedial action is initiated and completed within a week of the incident itself, so that complaints do not linger and allow either interest in pursuing the matter to wane or enable the culprits to tamper evidence or influence witnesses.

UGC DEFINITIONS AND PUNISHMENT

Ragging constitutes one or more of any of the following acts:

- a. Any conduct by a student whether by words spoken or written or by an act which has the effect of teasing, treating or handling with rudeness a fresher or any other students;
- b. Indulging in rowdy or undisciplined activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student;
- c. Asking any student to do any act which such student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student;
- D. Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher;
- E. Exploiting the services of a fresher or any other student for completing the academic tasks to an individual or a group of students.
- F. Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students;
- G. Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person;
- H. Any act or abuse by spoken words, emails, post, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student;

- i Any act that affects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student.

ADMINISTRATIVE ACTION IN THE EVENT OF RAGGING

The institution shall punish a student found guilty of ragging after allowing the procedure and in the manner prescribed herein:

- a) The Anti-ragging Committee of the institution shall take an appropriate decision, in regard to punishment or otherwise, depending on the facts of each incident of ragging and nature and gravity of the incident of ragging established in the recommendations of the Anti-Ragging Squad.
- b) The Anti-Ragging Committee may, depending on the nature and gravity of the guilt established by the Anti-Ragging Squad, award, to those found guilty, one or more of the following punishments.
- i. Suspension from attending classes and academic privileges.
 - ii. Withholding/withdrawing scholarship/fellowship and other benefits.
 - iii. Debarring from appearing in any test/examination or other evaluation process.
 - iv. Withholding result.
 - v. Debarring from representing the institution in any regional, national or international meet, tournament, youth festival, etc.
 - vi. Suspension/expulsion from the hostel.
 - vii. Cancellation of admission.
 - viii. Rustication from the institution for period ranging from one to four semesters.
 - ix. Expulsion from the institution and consequent debarring from admission to any other institution for a specified period.

Provided that where the persons committing or abetting the act of ragging are not identified, the institution shall resort to collective punishment.

- c) An appeal against the order of punishment by the Anti-Ragging Committee shall lie.
- i. In case of an order of an institution, affiliated to or constituent part, of a University, to the Vice-Chancellor of the University;
 - ii. In case of an order of a university, to its Chancellor
 - iii. In case of an institution of national importance created by an Act of Parliament, to the Chairman or Chancellor of the institution, as the case may be.

Orientation of Fresher's and Address of the Director Principal and other important officers of the campus is scheduled **on 1 Feb 2021** , where measures taken to make 'ragging free BSAMCH campus' will also be discussed along with welcome address and other important issues.

ANTI RAGGING SQUADS:

Everyday anti ragging squad consisting of 4 to 6 faculty members / Tutors from various departments by rotation (as per schedule given in the booklet) will be escorting the fresher's and undertake vigilance activities three times a day in the month of August /September. A vehicle is made available for the purpose.

A series of meetings of all the concerned were convened under the chairmanship of Director Principal to discuss the issues.

The posters and banners are prepared and will be displayed. A power point presentation consisting of Hon'ble Supreme Court's directives, Raghavan committee recommendations etc. is prepared every year presented to the senior students. Hand outs for appeal to make BSAMCH campus ragging free is prepared and will be distributed. Power point presentation in relation to anti ragging measures and protective measures to protect the fresher's is prepared and will be presented to the fresher's. Four mobile numbers are available and helpline numbers will be prominently displayed

The BSA Medical College Students' Council is participating in anti-ragging measures after finishing their examination. A GBM of students will be convened by Students Union where the faculty members will be addressing the issue.

The college will organize cultural functions. The College also assures the complainant that anonymity and confidentiality will be maintained and will deliver justice within a specified time frame. The institutional authority will be an active party to move in favor of complainant to lodge FIR and for every single incident of ragging, where the victim or his parents is not satisfied, an FIR will be filed without exception by the institutional authorities.

The burden of proof to prove innocence will lie on the perpetrator and not on the victim.

In cases where the perpetrator is not identified the authorities will impact collective punishment/fines to make both active as well as passive participants and abettors to pay for the crime.

INSTRUCTIONS TO THE FRESHERS

When a fresher feels distressed or harassed, he /she should:

- Shout, raise alarm and attract attention of the people around.
- Move in a group (Department wise orientation will help you in this effort).
- Just make a call to any of the helpline numbers.
- Give call or contact in person the Convener or any member of the Anti-Ragging Committee.
- Meet any of the members of the Anti Ragging Squad.
- Dial 100 (Police Control Room) if the need be.
- Lodges a FIR in the nearest Police Station.
- Use complaint box near Dean's office.
- Use e-mails ID given in the booklet.

INSTRUCTIONS TO ANY STUDENT/FACULTY MEMBER WHO MAY WITNESS AN ACT OF RAGGING

In the above event:

- i) Kindly intervene.
- ii) Kindly see the identification of all the students.
- iii) Report the matter urgently to the Anti Ragging Squad.

MAKE THE CAMPUS RAGGING FREE AND BE A PROUD STUDENT OF BSAMCH